

# Executive Director’s Report

## MHSA Intern Stipend Program

### Contract Overview

We are in Year 7 (2014–15) of our MHSA Stipend Program contract for Psychology Interns, which ends on June 30, 2016 (end of Year 8, 2015-16). This contract is funded by the Mental Health Services Act (California Prop 63) and managed by the Office of Statewide Health Planning and Development (OSHPD).

Over the past six years under this contract, CAPIC has distributed \$4,121,185 in stipends to 218 clinical psychology students committed to working in the California public mental health system. Each full-time stipend is \$20,772. The names of the CAPIC/MHSA stipend awardees for all six years are posted on the [CAPIC website](#).

In 2014, CAPIC sought but was not awarded an extension to its current MHSA contract. As a result, our last issuance of stipends was on June 30, 2014. No more stipends are being awarded at this point, and at this point we are tracking the progress of the awarded stipend recipients.

### Mental Health Services to the Public:

By the end of our current MHSA contract, the CAPIC/MHSA stipend recipients from contract years 1 – 6 will have completed their postdoctoral obligations. In doing so, and they will have given nearly 600,000 hours of public mental health service to Californians. This figure does not include subsequent and post-licensure hours, as many stipend recipients continue their careers in the public mental health system. See the chart below for additional details.

<b>CAPIC/MHSA Stipend Recipients</b> (as of 04/01/2015)	<b>6 Years Combined (TOTAL)</b>
TOTAL Number of Stipends Awarded	<b>218</b>
# Awardees with completed Postdoc	148
# Awardees still in process	58
# Awardees who have returned stipend funds	12
% - Passed EPPP	81%
% - CA licensed	63%
% - currently working in public MH	64%
<i>% figures are based on responses from Years 1 - 5 recipients</i>	

### Diversity of Stipend Recipients:

CAPIC/MHSA stipend recipients are diverse, representing the clients and the communities they serve. 79% of stipend recipients are persons of color, speak a language other than English, have a rural upbringing and/or have immediate family with public mental health services usage.

See the attached MHSA poster (draft version, updated March 2015) for additional program details, including demographics on stipend recipients, breakdown of service by county, and new testimonials from stipend recipients.

### Non-Stipend Programmatic Work

#### Online training modules

As part of this contract, CAPIC has also produced a series of online training modules on mental health issues following the Resiliency-Recovery theoretic approach to treating people with chronic mental health problems. These online training modules are free to the public and available to California licensed mental health professionals for Continuing Education (CE) credit. Because these online modules were created through State of California MHSA funding, CAPIC cannot charge for their use. There is a \$15 administrative fee for processing CE credits, which are being managed in partnership with Alliant International University. If one is not seeking CE credits, there is no CE administration fee and no cost for using these online modules.

To-date, fifteen (15) online modules have been produced. These online modules are accessible from the CAPIC website: <http://www.capic.net/online-training-modules/>. A final module, titled "Motivational Interviewing" by Dr. Melodie Schaefer is in the final phase of being produced.

CAPIC has added the completion of these online training modules as an additional obligation by its stipend recipients as part of CAPIC's MHSA Intern Stipend Program.

#### CAPIC/MHSA Mental Health Symposium:

On March 18-19, 2011, CAPIC held a 2-day symposium titled "Serving the Underserved: Preparing Psychologists for Effective Practice in the Public Sector" in San Jose, CA. The symposium was attended by clinical psychology educators from around the state, clinical psychology students, and representatives from psychology and public health organizations.

The symposium was structured so that participants were an active part of the experience and included the following five separate plenary sessions:

- Plenary I -- Basic Obligations to the Public
- Plenary II -- Evidence Based Practices
- Plenary III – MHSA grant projects
- Plenary IV – Psychology Education for the Future: Some Imperatives
- Plenary V -- Advocacy for Public Mental Health Service

More info on this symposium is available on the [CAPIC website](#).

## CAPIC/MHSA Stipend Recipient Program Progress:

### Program Obligations:

- Stipend recipients must serve an internship at a publicly mental health-funded site, often a county behavioral/mental health division in order to be eligible for the stipend program.
- Stipend recipients must also complete one year of postdoctoral service at a publicly mental health-funded site.
- CAPIC stipend recipients must also complete all of the available online modules.
- These obligations must be completed within certain timeframes, the most relevant timeframe being the completion of all obligations by June 30, 2016.
- For those stipend recipients who do not complete these obligations within the given timeframes, CAPIC is required to seek the return of funds from, although some extensions are permissible. Any funds retrieved by CAPIC must then be then returned to OSHPD.

### Program Progress:

- All 218 stipend recipients have successfully completed their initial internship obligations.
- 148 stipend recipients (68%) have successfully completed all of the program obligations.
- 52 stipend recipients (24%) are in process of completing their program obligations (i.e. postdoc service and/or online module completion). CAPIC is working with them to ensure they complete their program obligations before the June 30, 2016 deadline.
- 12 stipend recipients (6%) have not completed their program obligations, and CAPIC has successfully retrieved their funds and returned these funds to OSHPD.
- 6 stipend recipients (3%) have not completed their program obligations, and CAPIC is currently seeking these funds back from these stipend recipients. Depending on their situation, CAPIC is working directly with them or with 3<sup>rd</sup> parties (e.g. a collection agency) to obtain these stipend funds back. Any retrieved funds will then be returned to OSHPD.