



Kaiser Foundation Hospital – Southern California Region

2018 COMMUNITY BENEFIT YEAR-END REPORT AND 2017-2019 COMMUNITY BENEFIT PLAN

DOWNEY

Submitted to the Office of Statewide Health Planning and Development in compliance with Senate Bill 697, California Health and Safety Code Section 127350.

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I. Introduction and Background

A. About Kaiser Permanente

Founded in 1942 to serve employees of Kaiser Industries and opened to the public in 1945, Kaiser Permanente is recognized as one of America's leading health care providers and nonprofit health plans. We were created to meet the challenge of providing American workers with medical care during the Great Depression and World War II, when most people could not afford to go to a doctor. Since our beginnings, we have been committed to helping shape the future of health care. Among the innovations Kaiser Permanente has brought to U.S. health care are:

- Prepaid health plans, which spread the cost to make it more affordable
- A focus on preventing illness and disease as much as on caring for the sick
- An organized, coordinated system that puts as many services as possible under one roof—all connected by an electronic medical record

Kaiser Permanente is an integrated health care delivery system comprised of Kaiser Foundation Hospitals (KFH), Kaiser Foundation Health Plan (KFHP), and physicians in the Permanente Medical Groups. Today we serve more than 12 million members in nine states and the District of Columbia. Our mission is to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.

Care for our members and patients is focused on their Total Health and guided by their personal physicians, specialists, and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery, and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education, and the support of community health.

B. About Kaiser Permanente Community Health

For more than 70 years, Kaiser Permanente has been dedicated to providing high-quality, affordable health care services and to improving the health of our members and the communities we serve. We believe good health is a fundamental right shared by all and we recognize that good health extends beyond the doctor's office and the hospital. It begins with healthy environments: fresh

fruits and vegetables in neighborhood stores, successful schools, clean air, accessible parks, and safe playgrounds. Good health for the entire community requires equity and social and economic well-being. These are the vital signs of healthy communities.

Better health outcomes begin where health starts, in our communities. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. We go beyond traditional corporate philanthropy or grantmaking to pair financial resources with medical research, physician expertise, and clinical practices. Our community health strategy focuses on three areas:

- Ensuring health access by providing individuals served at KP or by our safety net partners with integrated clinical and social services;
- Improving conditions for health and equity by engaging members, communities, and Kaiser Permanente's workforce and assets; and
- Advancing the future of community health by innovating with technology and social solutions.

For many years, we've worked side-by-side with other organizations to address serious public health issues such as obesity, access to care, and violence. We've conducted Community Health Needs Assessments to better understand each community's unique needs and resources. The CHNA process informs our community investments and helps us develop strategies aimed at making long-term, sustainable change—and it allows us to deepen the strong relationships we have with other organizations that are working to improve community health.

C. Purpose of the Report

Since 1996, Kaiser Foundation Hospitals (KFH) in Northern and Southern California have annually submitted to the Office of Statewide Health Planning and Development (OSHPD) a Consolidated Community Benefit Plan, commonly referred to as the SB 697 Report (for Senate Bill 697 which mandated its existence). This plan fulfills the 2018 year-end community benefit reporting regulations under California Health and Safety Code, Section 127340 et seq. The report provides detailed information and financial data on the Community Benefit programs, services, and activities provided by all KFH hospitals in California.

II. Overview and Description of Community Benefit Programs Provided

A. California Kaiser Foundation Hospitals Community Benefit Financial Contribution

In California, KFH owns and operates 36 hospitals: 21 community hospitals in Northern California and 15 in Southern California, all accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). KFH hospitals are located in Anaheim, Antioch, Baldwin Park, Downey, Fontana, Fremont, Fresno, Irvine, Los Angeles, Manteca, Modesto, Moreno Valley, Oakland, Ontario, Panorama City, Redwood City, Richmond, Riverside, Roseville, Sacramento, San Diego, San Francisco, San Jose, San Leandro, San Rafael, Santa Clara, Santa Rosa, South Bay, South Sacramento, South San Francisco, Vacaville, Vallejo, Walnut Creek, West Los Angeles, and Woodland Hills.

In 2018, Kaiser Foundation Hospitals in Northern and Southern California Regions provided a total of \$1,220,499,099 in Community Benefit for a diverse range of community projects, medical care services, research, and training for health and medical professionals. These programs and services are organized in alignment with SB697 regulations:

- Medical Care Services for Vulnerable Populations
- Other Benefits for Vulnerable Populations
- Benefits for the Broader Community
- Health, Research, Education and Training

A breakdown of financial contributions is provided in Tables A and B.

Note that 'non-quantifiable benefits' will be highlighted in the Year end Results section of KFH Community Benefit Plan, where applicable.

Table A – Total Community Benefits Provided in 2018 across California KFH

Medical Care Services for Vulnerable Populations	
Medi-Cal shortfall ¹	\$740,302,826
Charity care: Medical Financial Assistance Program ²	\$252,514,999
Grants and donations for medical services ³	\$24,632,288
Subtotal	\$1,017,450,114
Other Benefits for Vulnerable Populations	
Watts Counseling and Learning Center ⁴	\$3,171,145
Educational Outreach Program	\$977,755
Summer Youth and INROADS programs ⁵	\$3,423,227
Grants and donations for community-based programs ⁶	\$30,937,535
Community Benefit administration and operations ⁷	\$12,672,094
Subtotal	\$51,181,755
Benefits for the Broader Community⁸	
Community health education and promotion programs	\$1,028,815
Kaiser Permanente Educational Theatre	\$5,732,278
Community Giving Campaign administrative expenses	\$656,149
Grants and donations for the broader community ⁹	\$3,975,643
National board of directors fund	\$742,683
Subtotal	\$12,135,568
Health Research, Education, and Training	
Graduate Medical Education	\$83,120,684
Non-MD provider education and training programs ¹⁰	\$24,019,233
Grants and donations for the education of health care professionals ¹¹	\$1,706,941
Health research	\$30,884,804
Subtotal	\$139,731,662
TOTAL COMMUNITY BENEFITS PROVIDED IN 2018	\$1,220,499,099

TABLE A ENDNOTES

- 1 Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- 2 Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance and Indigent Care programs on a cost basis.
- 3 Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 4 Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- 5 Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a related denominator such as the number of Summer Youth students hired.
- 6 Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 7 The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- 8 Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or health education programs.
- 9 Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 10 Amount reflects the net expenditures after scholarships for health professional education and training programs.
- 11 Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

Table B – Community Benefits Provided in 2018 by KFH Service Area

NORTHERN CALIFORNIA HOSPITALS		SOUTHERN CALIFORNIA HOSPITALS	
Antioch	\$32,394,786	Anaheim	\$42,524,980
Fremont	\$14,061,863	Baldwin Park	\$27,713,466
Fresno	\$11,163,875	Downey	\$40,855,894
Manteca	\$30,660,309	Fontana	\$69,928,344
Modesto	\$17,944,158	Irvine	\$16,693,314
Oakland	\$53,802,561	Los Angeles	\$48,562,408
Redwood City	\$16,822,970	Moreno Valley	\$13,225,236
Richmond	\$35,849,979	Ontario	\$17,190,388
Roseville	\$50,946,592	Panorama City	\$36,968,238
Sacramento	\$85,057,853	Riverside	\$34,701,604
San Francisco	\$35,547,422	San Diego (2 Hospitals)	\$45,996,597
San Jose	\$29,984,480	South Bay	\$27,798,856
San Leandro	\$40,469,133	West Los Angeles	\$37,153,326
San Rafael	\$17,905,752	Woodland Hills	\$25,520,517
Santa Clara	\$48,816,820		
Santa Rosa	\$35,993,701		
South Sacramento	\$63,545,863		
South San Francisco	\$16,389,599		
Vacaville	\$28,202,916		
Vallejo	\$43,466,531		
Walnut Creek	\$26,638,672		
Northern California Total	\$735,665,834	Southern California Total	\$484,833,265

B. Medical Care Services for Vulnerable Populations

For the purpose of this plan, KFH has quantified the unreimbursed costs of medical services provided in its hospitals to the underinsured and uninsured through government programs funded at the federal and state levels as well as Kaiser Permanente's own charity care programs. Government-funded programs include Medi-Cal Managed Care, Medi-Cal Fee-For-Service, and Healthy Families Program. KFH provides charity care through its Charitable Health Coverage and Medical Financial Assistance programs. Services provided to prepaid Medicare, Major Risk Medical Insurance Program (MRMIP), and Access for Infants and Mothers (AIM) beneficiaries are not reported.

C. Other Benefits for Vulnerable Populations

Watts Counseling and Learning Center (SCAL)

Since 1967, the Watts Counseling and Learning Center (WCLC) has been a valuable community resource for low-income, inner-city families in South Central Los Angeles. WCLC provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. Kaiser Permanente Health Plan membership is not required to receive these services and all services are offered in both English and Spanish. This program primarily serves the KFH-Downey, KFH-South Bay and KFH-West LA communities.

Educational Outreach Program (SCAL)

Since 1992, Educational Outreach Program (EOP) has been empowering children and their families through several year-round educational, counseling, and social programs. EOP helps individuals develop crucial life-skills to pursue higher education, live a healthier lifestyle through physical activity and proper nutrition, overcome mental obstacles by participating in counseling, and instill confidence to advocate for the community. EOP primarily serves the KFH-Baldwin Park community.

Youth Employment Programs (NCAL and SCAL)

Youth workforce programs focus on providing underserved diverse students with meaningful employment experiences in the health care field. Educational sessions and motivational workshops introduce them to the possibility of pursuing a career in health care while enhancing job skills and work performance. These programs serve as a pipeline for the organization and community-at-large, enhancing the future diversity of the health care workforce.

D. Benefits for the Broader Community

Community Health Education and Health Promotion Programs (NCAL and SCAL)

Health Education provides evidence-based clinically effective programs, printed materials, and training sessions to empower participants to build healthier lifestyles. This program incorporates tested models of behavior change, individual/group engagement and motivational interviewing as a language to elicit behavior change. Many of the programs and resources are offered in partnership with community groups, community clinics, libraries, nonprofit organizations, cable television channels, and schools.

Kaiser Permanente Educational Theatre (NCAL and SCAL)

Since 1986, KPET has been using live theatre, music, comedy, and drama to inspire children, teens, and adults to make healthier choices and better decisions about their well-being. Its award-winning programs are as entertaining as they are educational and were developed with the advice of teachers, parents, students, health educators, medical professionals, and professional theatre artists. Professional actors who are also trained health educators deliver all performances and workshops. KPET programs share health information and develop individual and community knowledge about leading healthier lives. KPET is provided free of charge to schools and the general community. In addition to performances and classroom workshops, KPET supplies schools and organizations with supplementary educational materials - including workbooks, parent and teacher guides, and student wallet cards - to reinforce the messages presented in the programs.

E. Health Research, Education, and Training Programs

Graduate Medical Education (GME)

The mission of Kaiser Permanente GME is to recruit and prepare the physician workforce of the 21st century by optimizing the unique clinical and educational opportunities within our integrated model of care, which is now considered the gold standard for improving the entire U.S. health care system. Residents trained in our healthcare settings utilize technology to provide evidence-based, patient-centered care in a team-based model, employ population management strategies, and cultivate their skills in cultural sensitivity, effective communication and leadership. As part of their training, residents participate in rotations at school-based health centers, community clinics, and homeless shelters.

Non-MD Provider Education and Training Programs

Kaiser Permanente provides education, training, residences, internships, and/or scholarships and stipends for non-physician health care professionals in nursing, pharmacy, physical therapy, psychology, and radiology. This includes Northern California Region's Kaiser Permanente School of Allied Health Sciences, which offers 18-month training programs in sonography, nuclear medicine, and radiation therapy and Southern California Region's Hippocrates Circle Program, which was designed to provide youth from under-represented communities and diverse backgrounds with an awareness of career opportunities as a physician.

Health Research

Kaiser Permanente conducts, publishes, and disseminates high-quality epidemiological and health services research to improve health and medical care throughout our communities. Our Division of Research, Department of Research & Evaluation (NCAL), Department of Research and Evaluation (SCAL), Kaiser Foundation Research Institute, and Nursing Research Programs deploy a wide range of research methods, including clinical research, health care services research, and epidemiological and translational studies on health care that are generalizable and broadly shared, helping build a knowledge base that improves health and health care services.

III. KFH-Downey Community Served

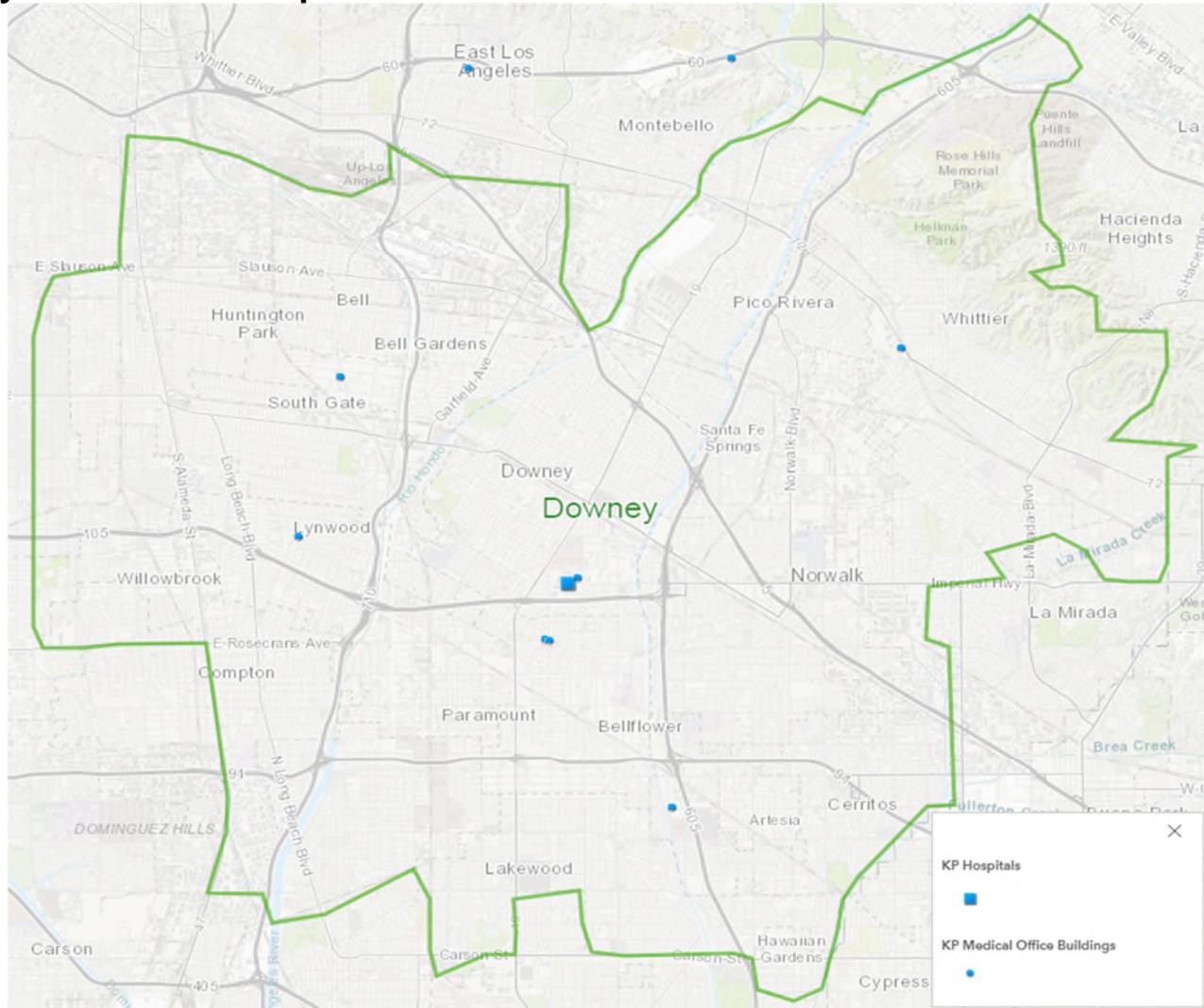
A. Kaiser Permanente's Definition of Community Served

Kaiser Permanente defines the community served by a hospital as those individuals residing within its hospital service area. A hospital service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations.

B. Map and Description of Community Served

The KFH-Downey service area includes Artesia, Bell, Bell Gardens, Bellflower, Cerritos, Commerce, Compton, Cudahy, Downey, Florence-Graham, Hawaiian Gardens, Huntington Park, Lakewood, Lynwood, Maywood, North Long Beach, Norwalk, Paramount, Pico Rivera, Santa Fe Springs, South Gate, portions of South Los Angeles, Vernon, Watts, Whittier, and Willowbrook.

KFH-Downey Service Area Map



C. Demographic Profile of the Community Served

The following table includes race, ethnicity, and additional socioeconomic data for the KFH-Downey service area. Please note that "race" categories indicate "non-Hispanic" population percentage for Asian, Black, Native American/Alaska Native, Pacific Islander/Native Hawaiian, Some Other Race, Multiple Races, and White. "Hispanic/Latino" indicates total population percentage reporting as Hispanic/Latino.

Race/Ethnicity		Socioeconomic	
Total Population	1,512,831	Living in Poverty (<100% Federal Poverty Level)	19.78%
Asian	7.33%	Children in Poverty	28.75%
Black	7.50%	Unemployment	4.1%
Hispanic/Latino	73.81%	Uninsured Population	18.64%
Native American/Alaska Native	0.21%	Adults with No High School Diploma	33.60%
Pacific Islander/Native Hawaiian	0.30%		
Some Other Race	0.24%		
Multiple Races	0.89%		
White	9.73%		

IV. Description of Community Health Needs Addressed by KFH-Downey

The following are the health needs that KFH-Downey is addressing during the 2017-2019 Implementation Strategy Period. For information about the process and criteria used to select these health needs and the health needs that were not selected (and the rationale), please review the 2019 CHNA Report and 2017-2019 Implementation Strategy Report at: <http://www.kp.org/chna>.

A. Access to Care

Access to comprehensive, quality health care services is important for health equity and for increasing the quality of a healthy life. Health care access is a key requirement for early detection of illnesses, chronic disease management and reduction of Emergency Room usage. Access to care was rated by the community as the #3 priority health need in the service area. In the KFH-Downey service area, over one-third of the population has Medi-Cal coverage. Over one-quarter of the population (25.9%) are uninsured, which translates to 74.1% with health insurance. These data were obtained before the full implementation of the Affordable Care Act and the insurance coverage expansion. Therefore, the percent of residents who are currently uninsured may be lower as a result of Medi-Cal expansion and the availability of health care coverage. Community input on access to care indicated the availability of insurance coverage is improving access to care. However, a number of barriers remain, including affordability, transportation, navigating the system and accessibility to appointments in a timely manner. Access to care remains limited for non-resident immigrants who are not covered by the ACA. Community stakeholders also identified barriers to accessing care experienced by the homeless, students and seniors.

B. Violence/Injury Prevention

Community violence is pervasive, especially in inner-city urban areas. Socioeconomic status and crime interconnect and contribute to community violence. High rates of crime and violence impact on families' feelings of safety and tend to reduce community interaction and outside physical activities. Death rates as a result of violence and injury are higher in the service area than in the state. In the hospital service area, homicide is a top cause of premature death and the community identified the pervasive effect of crime and violence on feelings of safety. Concern about violence keeps people inside their homes and reduces community interaction. Violence is also experienced at high rates within families, among youth and at schools. As a result, community safety was ranked by the community as the #5 health priority in the service area.

C. Mental and Behavioral Health

Mental illness is a common cause of disability. Untreated disorders may leave individuals at-risk for substance abuse, self-destructive behavior, and suicide. Through community input, mental health was rated the #2 priority health need. The status of mental health in a community can be examined by looking at rates of help seeking behavior for prevention or treatment and/or suicide, among others. Community stakeholders identified the ongoing stigma associated with having a mental health problem and this prevents individuals from seeking needed services. A major concern voiced by community members is the lack of resources available for mental health.

Vulnerable populations, such as the homeless, the undocumented and seniors, have an especially difficult time obtaining mental health services.

D. Obesity/HEAL/Diabetes

Being overweight or obese affects a wide range of health issues and are major risk factors for diabetes, cardiovascular disease, and other chronic diseases. There are high rates of overweight and obesity among adults and teens in the service area. This may have an impact on the high rates of chronic diseases identified in the service area. In the KFH-Downey service area, Blacks/African Americans and Latinos/Hispanics tend to have higher rates of overweight and obesity, while Asians have lower rates. Overweight/obesity was rated the #1 priority health need by the community. The community identified that being overweight contributes to diabetes, cardiovascular disease and asthma. Therefore, addressing overweight as a causative factor for many other conditions will contribute to reducing disease and disability. Diabetes is the fifth leading cause of death in Los Angeles County. In the service area, South East Los Angeles has the highest percentage of adults diagnosed with diabetes. Diabetes is a condition that when managed can prevent ER visits or hospitalizations. When the rate of ER visits and hospitalizations for diabetes are examined by place in the service area, Compton (90221) has the highest ER rate for diabetes (65.9) and Compton has the highest hospitalization rate for diabetes (52.9). The community rated diabetes as the #4 highest priority health need.

E. HIV/AIDS/STIs

STIs continue to be a major public health problem. STIs refer to more than 25 infectious organisms that are transmitted primarily through sexual activity. STI prevention is an essential primary care strategy for improving reproductive health. The service area is experiencing very high rates of sexually transmitted infections. Teens and young adults, age 15-29, and Blacks/African Americans, have the highest rates of sexually transmitted infections. Community stakeholders indicate the stigma associated with STIs. This stigma may result in inadequate education and communication about this health outcome. The community ranked STIs as the #8 priority in the service area. However, because of the severity of the issue among subpopulations increase in STIs and the negative impact on positive birth outcomes and reproductive help, STIs were selected as health need KFH-Downey would address through its community benefit initiatives.

V. 2018 Year-End Results for KFH-Downey

A. 2018 Community Benefit Financial Resources Provided by KFH-Downey

Total Community Benefit expenditures are reported as follows:

- Quantifiable Community Benefit such as facility use and in-kind donations are included if funded by KFH, provided in a KFH facility, or are part of a KFH Community Benefit Plan.
- Medical care services for vulnerable populations include unreimbursed inpatient costs for participation in Kaiser Permanente-subsidized and government-sponsored health care insurance programs.
- The unreimbursed portion of medical, nursing, and other health care professional education and training costs are included.

Resource allocations are reported, as follows:

- Financial expenditures are reported in exact amounts, if available, by hospital service area.
- If exact financial expenditure amounts were not available by hospital service area, then regional expenses were allocated proportionally on the basis of KFHP membership or other quantifiable data, such as the number of Kaiser Permanente Educational Theatre performances presented or Summer Youth students employed within each hospital area's community at large.

Table C: KFH-Downey 2018 Year-End Community Benefit Expenditures

	2018 Totals
Medical Care Services for Vulnerable Populations	
Medi-Cal shortfall ¹	\$27,051,934
Charity care: Medical Financial Assistance Program ²	\$8,059,832
Grants and donations for medical services ³	\$348,568
Subtotal	\$35,460,325
Other Benefits for Vulnerable Populations	
Watts Counseling and Learning Center ⁴	\$1,057,048
Summer Youth and INROADS programs ⁵	\$175,626
Grants and donations for community-based programs ⁶	\$432,561
Community Benefit administration and operations ⁷	\$563,099
Subtotal	\$2,228,334
Benefits for the Broader Community⁸	
Community health education and promotion programs	\$83,103
Kaiser Permanente Educational Theatre	\$657,499
Community Giving Campaign administrative expenses	\$13,653
Grants and donations for the broader community ⁹	\$135,477
National board of directors fund	\$24,663
Subtotal	\$914,395
Health Research, Education, and Training	
Graduate Medical Education	\$524,411
Non-MD provider education and training programs ¹⁰	\$957,000
Grants and donations for health research, education, and training ¹¹	\$65,539
Health research	\$705,890
Subtotal	\$2,252,840
Total Community Benefits Provided	\$40,855,894

TABLE C ENDNOTES

- 1 Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- 2 Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance and Indigent Care programs on a cost basis.
- 3 Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 4 Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- 5 Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a related denominator such as the number of Summer Youth students hired.
- 6 Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 7 The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- 8 Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or health education programs.
- 9 Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- 10 Amount reflects the net expenditures after scholarships for health professional education and training programs.
- 11 Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

B. 2018 Examples of KFH-Downey Activities Addressing Selected Health Needs

All Kaiser Foundation Hospitals (KFH) carefully consider the evidence-base when determining which goals, strategies, and related activities would be most effective in addressing priority health needs. It's anticipated that successful implementation of key activities (programs, grants, collaboration, and/or in-kind assets), tied to key goals and strategies, can contribute toward improving the priority health needs in the community. For information on the goals and strategies that were selected for each health need, please refer to the KFH-Downey Implementation Strategy Report, posted on the internet at <http://www.kp.org/chna>.

Mechanisms for monitoring progress are tailored to each activity and may include the collection and documentation of tracking measures such as number of grants made, number of dollars spent, number of people reached/served, and number and role of KFH volunteers. KFH also conduct evaluation of larger grant initiatives to understand both progress and outcomes. In addition to internal monitoring and evaluation, KFH requires grantees to propose, track, and report outcomes of the projects for which they have received funding.

The below tables provide highlights for a select number of programs, grants, collaboration and/or assets that aims to address the identified health needs for KFH-Los Angeles. The examples provided below are illustrations and not an exhaustive list. Where appropriate, summative information is provided for programs that have been implemented in multiple years. The total number and amount of paid grants to address a health need include those that are awarded to organizations providing programs serving the KFH-Los Angeles service area and may also serve other KFH service areas. Grant examples denoted with (~) provide services and/or programs in multiple Kaiser Foundation Hospital service areas. Grant examples denoted with (*) were distributed from the Kaiser Permanente Southern California Charitable Contribution Fund, a Donor Advised Fund (DAF) administered by the California Community Foundation; accordingly, grant amounts were not included in the community benefit totals for 2018 (Tables B and C). For individual grant examples spanning two years (2017-2018), the cited payment amount represents the total dollars paid over the two-year time period. In addition to the below examples, which address specific health needs, Kaiser Permanente, Southern California implements additional community programs that address multiple health needs:

- The Watts Counseling and Learning Center (WCLC) provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. In 2018, WLC provided services to 1,112 individuals (predominately of African-American and Latino descent), reaching 252 children, 493 teens and young adults, and 367 adults.
- Educational Theatre brings free, live theatrical programs to schools and communities. The programs are designed to inspire children, teens and adults to make healthier choices and informed decisions about their health by focusing on topics such as health reading and literacy, conflict management, healthy eating and active living, bullying, and sexually transmitted infections. All performances are delivered by professional actors who are also trained health educators. In 2019, Educational Theater provided 213 events in 36 schools in the KFH-Downey communities, reaching 19,279 youth and 1,161 adults.

Need	Summary of impact	Examples of most impactful efforts
Access to Care	<p><i>During 2018, Kaiser Permanente paid 7 grants, totaling \$471,652, addressing the priority health need in the KFH-Downey service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 5 grants, totaling \$1,081,667 that address this need.</i></p>	<p><u>Providing Affordable Healthcare</u> In 2018, KFH-Downey provided \$27,051,934 in medical care services to 41,075 (both health plan members and non-members) and \$8,059,832 in medical financial assistance (MFA) for 8,002 beneficiaries.</p> <hr/> <p><u>Building Primary Care Capacity:</u> The California Primary Care Association (CPCA) provides education, training, and advocacy to their member community health centers to best serve their low-income, underserved, and diverse patients. In 2018, Kaiser Permanente paid \$126,666 to CPCA to:</p> <ul style="list-style-type: none"> • Hold statewide convenings and conferences and topic-specific peer networks to support over 1,200 California community health centers. • Provide 90 in-person and web-based trainings to over 4,400 attendees and 2,890 individual instances of technical assistance. <hr/> <p><u>Improving Patient and Provider Experience</u> St. John's Well Child and Family Center is an independent community health center. They serve patients of all ages through a network of Federally Qualified Health Centers and school-based clinics. In 2018, Kaiser Permanente paid \$50,000 to St. John's Well Child and Family Center to: Hire a bilingual Patient Navigator who provided patient portal enrollment and instruction to 5,825 adult patients; assisted 2,952 patients with completing a pre-medical visit survey; and referred 1,780 patients to supportive services, including health education classes, case management, benefit enrollment, mental health and dental care.</p> <hr/> <p><u>Collaborating Around Homelessness</u> Connecting the Dots Homelessness Coalition links internal Kaiser Permanente operational leaders to community-based resources that can help meet the needs of homeless individuals. Over two years (2017-2018), KFH-Downey leadership organized the Connecting the Dots Coalition through a series of eleven community conversations aimed at identifying gaps in community resources for homeless individuals and working together to find better ways to connect individuals with housing support programs and clinical care.</p>

Need	Summary of impact	Examples of most impactful efforts
		<p><u>Preserving and Expanding California Coverage Gains-</u> Insure the Uninsured Project (ITUP) works to preserve and expand access to health care and coverage in California and to reduce access barriers for uninsured and underinsured populations. Over two years (2017-2018), Kaiser Permanente paid \$150,000 to ITUP to:</p> <ul style="list-style-type: none"> • Conduct and disseminate health policy research. • Convene 13 regional statewide work groups to provide attendees with real-time updates on state and federal health care policy issues, emerging issues, and local collaboration opportunities. • Provide technical assistance to safety net providers and other stakeholders navigating health reform challenges. • Serve as a bridge between health policy and the health care sector to reach 19 million Californians.
<p>Violence / Injury Prevention</p>	<p><i>During 2018, Kaiser Permanente paid 2 grants, totaling \$100,000, addressing the priority health need in the KFH-Downey service area.</i></p>	<p><u>Mentoring Opportunities for Underserved Populations</u> Elevate Your Game provides one-on-one and small group mentoring and internships for underserved urban students to lift up their grades, attendance, and maturity to empower them to be leaders. Over two years (2017-2018), Kaiser Permanente paid \$70,000 to Elevate your Game to:</p> <ul style="list-style-type: none"> • Mentor over 400 students. • Mobilize other organizations to mentor over 1,047 youth during the two-year period. <hr/> <p><u>Building Life Skills for Students</u> Urban Compass provides students opportunities to visit local colleges, including Loyola Marymount University, West Los Angeles College and Pasadena City College In 2018, Kaiser Permanente paid Urban Compass \$50,000 to: Provide Saturday workshops which focused on leadership, life skills, college planning, understanding A-G requirements, social emotional wellbeing and career exploration.</p>

Need	Summary of impact	Examples of most impactful efforts
Mental and Behavioral Health	<i>During 2018, Kaiser Permanente paid 9 grants, totaling \$408,500, addressing the priority health need in the KFH-Downey service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 2 grants, totaling \$140,000 that address this need.</i>	<p><u>Providing Safe Environments for At-Risk Youth</u> The GRYD Foundation holds Summer Night Lights (SNL) programming to provide extended recreational, athletic, artistic, and health and wellness programming and linkages to community resources throughout the City of Los Angeles. Over two years (2017-2018), Kaiser Permanente paid \$90,000 to SNL to:</p> <ul style="list-style-type: none"> • Support case management services to 86 at risk-youth. • Serve 434,644 total meals across 32 sites with a variety of healthy choices. • Provide Zumba, Play Rugby, Go Stadia Go, Dance, and Yoga for 9,385 community members. • Engage 695,430 community members across all SNL sites. <p><u>Providing Mental Health Programs for Students, Families, and Teachers</u> Community Family Guidance Center (CFGC) aims to support the success of children and families by reducing the impact of childhood trauma and abuse, encouraging the development of positive social and emotional skills, and strengthening healthy family relationships. In 2018, Kaiser Permanente paid \$50,000 to CFGC to:</p> <ul style="list-style-type: none"> • Establish a presence at LAUSD schools in the cities of Cudahy and Bell. Corona Elementary school in Bell and Jaime Escalante Elementary school in Cudahy benefited from the presence of CFGC clinicians on campus. • Offer Triple P, an evidence-based parenting program, for families, conduct trainings for teachers and staff on stress, self-care and mindfulness, and work with administration, school counselors and Department of Child & Family Services social workers to coordinate mental health services for students in need.

Need	Summary of impact	Examples of most impactful efforts
		<p data-bbox="890 256 1671 289"><u>Building Community Capacity to Address Mental Health</u></p> <p data-bbox="890 289 1906 540">Charles Drew University of Medicine and Science in partnership with the California Black Women's Health Project and the Black Beauty Shop Health Foundation works to reduce mental health stigma and improve resilience for black women living in SPA 6 through their Mindful Beauty program. The program consists of a seven week culturally competent educational program designed to build community capacity and social support systems. In 2018, Kaiser Permanente paid the university \$40,000 to:</p> <ul data-bbox="940 540 1906 711" style="list-style-type: none"> <li data-bbox="940 540 1906 613">• Train stylists about depression and resources for mental health care services. <li data-bbox="940 613 1906 711">• Prepare stylists to recommend available mental health care services to their clients and act as mediators to help increase the behavioral intention of their clients to seek mental health care treatment. <hr/> <p data-bbox="890 735 1766 768"><u>Strengthening Mental Health Policies and Practices in Schools</u></p> <p data-bbox="890 768 1906 971">Children Now educates policymakers, school district leaders, and other key stakeholders about best practices and policy solutions to address suspension and expulsion policies that disproportionately impact students of color, improve school climate, and increase students' access to mental health services. Over two years (2017-2018), Kaiser Permanente paid \$150,000 to Children Now to:</p> <ul data-bbox="940 971 1906 1141" style="list-style-type: none"> <li data-bbox="940 971 1906 1011">• Inform over 200 key legislators and stakeholders. <li data-bbox="940 1011 1906 1076">• Support the California Department of Education in the development of the Whole Child Resource Map. <li data-bbox="940 1076 1906 1141">• Lead committees for both the State School Attendance Review Board and the Superintendent's Mental Health Policy Workgroup.

Need	Summary of impact	Examples of most impactful efforts
		<p><u>Collaboration Around Mental Health</u> The Los Angeles County Service Area (SA) 7 Mental Health - Health Action Lab strives to understand the mental health needs of SA 7 communities and works collaboratively to address gaps in services. The Mental Health - Health Action Lab hosted a case management symposium in 2017 designed to create awareness among case managers of community resources and case management best practices. The symposium was held October 24, 2017 with 159 attendees representing case managers from area nonprofits. A member of the KFH-Downey community health department served on the planning committee, and Wendy M. DeVreugd, RN, Assistant Medical Center Administrator of Operations and Continuing Care was the keynote speaker at the event.</p>
<p>Obesity / HEAL/ Diabetes</p>	<p><i>During 2018, Kaiser Permanente paid 20 grants, totaling \$1,560,242, addressing the priority health need in the KFH-Downey service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 7 grants, totaling \$1,398,611 that address this need.</i></p>	<p><u>Addressing Health Needs</u> Watts Healthcare Corporation is a Federally Qualified Health Center dedicated to serving the underinsured and uninsured community surrounding Watts. In 2017-2018, Kaiser Permanente paid \$25,000 to Watts Healthcare Corporation to:</p> <ul style="list-style-type: none"> • Address the complex needs of the clinic's diabetic patients. • Identify patients with high Hemoglobin A1C (more than 9) and provided education, exercise, peer support, and nutrition counseling. • Hire a full-time diabetes project coordinator and began implementation of the group visit model for their patients.

Need	Summary of impact	Examples of most impactful efforts
		<p data-bbox="890 256 1575 289"><u>Advocating for Maternal, Infant, and Child Health</u></p> <p data-bbox="890 289 1917 456">The California WIC Association (CWA) supports efforts to increase local WIC agencies' capacity, increase state and federal decision makers' understanding of WIC services, and increase the capacity of community health centers to build a breastfeeding continuum of care in low-income communities. Over two years (2017-2018), Kaiser Permanente paid \$100,000 to CWA to:</p> <ul data-bbox="940 456 1917 938" style="list-style-type: none"> <li data-bbox="940 456 1917 521">• Pilot two video conferencing projects increasing awareness and consideration within the CA WIC community. <li data-bbox="940 521 1917 618">• Collaborate with health centers to share WIC staff for nutrition and breastfeeding counseling (Watts Health Care and clinics in San Diego). <li data-bbox="940 618 1917 683">• Work to strengthen ties with CPCA and present at CPCA's annual conference. <li data-bbox="940 683 1917 716">• Visit all CA legislators with 44 appointments and drop-in visits. <li data-bbox="940 716 1917 862">• Provide extensive information to legislators on nutrition and breastfeeding counseling, food benefits, local economic impacts to grocers, health outcomes, access to Farmers markets, and updates on immigration threats. <li data-bbox="940 862 1917 938">• Participate in Capitol WIC Education Day in Sacramento with 50 attendees from 30 WIC agencies from all over the state. <hr/> <p data-bbox="890 959 1239 992"><u>Fighting Food Insecurity</u></p> <p data-bbox="890 992 1917 1159">California Association of Food Banks' (CAFB) Farm to Family program's goal is to improve health food access by providing fresh produce to food banks, CalFresh outreach and enrollment, advocacy to support anti-hunger policies, and technical assistance to members. In 2018, Kaiser Permanente paid \$95,000 to CAFB to:</p> <ul data-bbox="940 1159 1917 1295" style="list-style-type: none"> <li data-bbox="940 1159 1917 1224">• Distribute 250,000 pounds of subsidized fresh fruits and vegetables to 11-member food banks. <li data-bbox="940 1224 1917 1295">• Maintain the State Emergency Food Assistance Program to provide food and funding of emergency food to food banks.

Need	Summary of impact	Examples of most impactful efforts
		<p data-bbox="888 256 1423 289"><u>Collaborating Around Food Insecurity</u></p> <p data-bbox="888 289 1915 657">The Los Angeles Service Planning Area (SPA) 7 Food Security Coalition is focused on addressing food insecurity and increasing access to healthy foods in the communities of Bellflower, Downey, Norwalk, Whittier, Santa Fe Springs, Los Nietos and Walnut Park. The Food Security coalition is committed to addressing food insecurity within SPA 7 by utilizing best practices, such as increasing CalFresh enrollment and the promotion and utilization of the Free Summer Meal program. The summer meal program was promoted within Kaiser Permanente Downey Medical Center pediatric departments, and in 2018, 45 individuals representing 15 local agencies attended CalFresh enrollment training to help build community capacity for enrollment support.</p> <hr/> <p data-bbox="888 683 1528 716"><u>Promoting Food Recovery and Redistribution</u></p> <p data-bbox="888 716 1915 917">Kaiser Permanente envisions foodservices not only as the source of nutritious meals for their patients, staff and guests, but as a resource for local communities. Over two years (2017-2018), Kaiser Permanente partnered with Food Finders to recover 29,309 pounds of food and distribute to nonprofit organizations serving individuals in the KFH-Downey region who face food insecurity.</p>