



# Kaiser Foundation Hospital – Northern California Region

2018 COMMUNITY BENEFIT YEAR-END REPORT AND 2017-2019 COMMUNITY BENEFIT PLAN

**SAN JOSE**

Submitted to the Office of Statewide Health Planning and Development in compliance with Senate Bill 697, California Health and Safety Code Section 127350.



# Kaiser Foundation (KFH)-San Jose

## Table of Contents

### **I. Introduction and Background**

- A. About Kaiser Permanente
- B. About Kaiser Permanente Community Health
- C. Purpose of the Report

### **II. Overview of Community Benefit Programs Provided**

- A. California Kaiser Foundation Hospitals Community Benefit Financial Contribution
- B. Medical Care Services for Vulnerable Populations
- C. Other Benefits for Vulnerable Populations
- D. Benefits for the Broader Community
- E. Health Research, Education, and Training Programs

### **III. KFH-San Jose Community Served**

- A. Kaiser Permanente's Definition of Community Served
- B. Map and Description of Community Served
- C. Demographic Profile of Community Served

### **IV. Description of Community Health Needs Addressed by KFH-San Jose**

### **V. 2018 Year-End Results for KFH-San Jose**

- A. 2018 Community Benefit Programs Financial Resources Provided by KFH-San Jose
- B. 2018 Examples of KFH-San Jose Grants and Programs Addressing Selected Health Needs

## I. Introduction and Background

### A. About Kaiser Permanente

Founded in 1942 to serve employees of Kaiser Industries and opened to the public in 1945, Kaiser Permanente is recognized as one of America's leading health care providers and nonprofit health plans. We were created to meet the challenge of providing American workers with medical care during the Great Depression and World War II, when most people could not afford to go to a doctor. Since our beginnings, we have been committed to helping shape the future of health care. Among the innovations Kaiser Permanente has brought to U.S. health care are:

- Prepaid health plans, which spread the cost to make it more affordable
- A focus on preventing illness and disease as much as on caring for the sick
- An organized, coordinated system that puts as many services as possible under one roof—all connected by an electronic medical record

Kaiser Permanente is an integrated health care delivery system comprised of Kaiser Foundation Hospitals (KFH), Kaiser Foundation Health Plan (KFHP), and physicians in the Permanente Medical Groups. Today we serve more than 12 million members in nine states and the District of Columbia. Our mission is to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.

Care for our members and patients is focused on their Total Health and guided by their personal physicians, specialists, and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery, and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education, and the support of community health.

### B. About Kaiser Permanente Community Health

For more than 70 years, Kaiser Permanente has been dedicated to providing high-quality, affordable health care services and to improving the health of our members and the communities we serve. We believe good health is a fundamental right shared by all and we recognize that good health extends beyond the doctor's office and the hospital. It begins with healthy environments: fresh fruits and vegetables in neighborhood stores, successful schools, clean air, accessible parks, and safe playgrounds. Good health for the entire community requires equity and social and economic well-being. These are the vital signs of healthy communities.

Better health outcomes begin where health starts, in our communities. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. We go beyond traditional corporate philanthropy or grantmaking to pair financial resources with medical research, physician expertise, and clinical practices. Our community health strategy focuses on three areas:

- Ensuring health access by providing individuals served at KP or by our safety net partners with integrated clinical and social services;
- Improving conditions for health and equity by engaging members, communities, and Kaiser Permanente's workforce and assets; and



- Advancing the future of community health by innovating with technology and social solutions.

For many years, we've worked side-by-side with other organizations to address serious public health issues such as obesity, access to care, and violence. We've conducted Community Health Needs Assessments to better understand each community's unique needs and resources. The CHNA process informs our community investments and helps us develop strategies aimed at making long-term, sustainable change—and it allows us to deepen the strong relationships we have with other organizations that are working to improve community health.

## C. Purpose of the Report

Since 1996, Kaiser Foundation Hospitals (KFH) in Northern and Southern California have annually submitted to the Office of Statewide Health Planning and Development (OSHPD) a Consolidated Community Benefit Plan, commonly referred to as the SB 697 Report (for Senate Bill 697 which mandated its existence). This plan fulfills the 2018 year-end community benefit reporting regulations under California Health and Safety Code, Section 127340 et seq. The report provides detailed information and financial data on the Community Benefit programs, services, and activities provided by all KFH hospitals in California.

# II. Overview and Description of Community Benefit Programs Provided

## A. California Kaiser Foundation Hospitals Community Benefit Financial Contribution

In California, KFH owns and operates 36 hospitals: 21 community hospitals in Northern California and 15 in Southern California, all accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). KFH hospitals are in Anaheim, Antioch, Baldwin Park, Downey, Fontana, Fremont, Fresno, Irvine, Los Angeles, Manteca, Modesto, Moreno Valley, Oakland, Ontario, Panorama City, Redwood City, Richmond, Riverside, Roseville, Sacramento, San Diego, San Francisco, San Jose, San Leandro, San Rafael, Santa Clara, Santa Rosa, South Bay, South Sacramento, South San Francisco, Vacaville, Vallejo, Walnut Creek, West Los Angeles, and Woodland Hills.

In 2018, Kaiser Foundation Hospitals in Northern and Southern California Regions provided a total of \$1,220,499,099 in Community Benefit for a diverse range of community projects, medical care services, research, and training for health and medical professionals. These programs and services are organized in alignment with SB697 regulations:

- Medical Care Services for Vulnerable Populations
- Other Benefits for Vulnerable Populations
- Benefits for the Broader Community
- Health, Research, Education and Training

A breakdown of financial contributions is provided in Tables A and B.

Note that “non-quantifiable benefits” are highlighted in the Year-end Results section of the KFH Community Benefit Plan, where applicable.

**Table A**

**KAISER FOUNDATION HOSPITALS IN CALIFORNIA**

**Community Benefits Provided in 2018** (Endnotes on following page.)

<b>Medical Care Services for Vulnerable Populations</b>	
Medi-Cal shortfall <sup>a</sup>	\$740,302,826
Charity care: Medical Financial Assistance Program <sup>b</sup>	\$252,514,999
Grants and donations for medical services <sup>c</sup>	\$24,632,288
<b>Subtotal</b>	<b>\$1,017,450,114</b>
<b>Other Benefits for Vulnerable Populations</b>	
Watts Counseling and Learning Center <sup>d</sup>	\$3,171,145
Educational Outreach Program	\$977,755
Youth Employment programs <sup>e</sup>	\$3,423,227
Grants and donations for community-based programs <sup>f</sup>	\$30,937,535
Community Benefit administration and operations <sup>g</sup>	\$12,672,094
<b>Subtotal</b>	<b>\$51,181,755</b>
<b>Benefits for the Broader Community<sup>h</sup></b>	
Community health education and promotion programs	\$1,028,815
Kaiser Permanente Educational Theatre	\$5,732,278
Community Giving Campaign administrative expenses	\$656,149
Grants and donations for the broader community <sup>i</sup>	\$3,975,643
National board of directors fund	\$742,683
<b>Subtotal</b>	<b>\$12,135,568</b>
<b>Health Research, Education, and Training</b>	
Graduate Medical Education	\$83,120,684
Non-MD provider education and training programs <sup>j</sup>	\$24,019,233
Grants and donations for the education of health care professionals <sup>k</sup>	\$1,706,941
Health research	\$30,884,804
<b>Subtotal</b>	<b>\$139,731,662</b>
<b>TOTAL COMMUNITY BENEFITS PROVIDED</b>	<b>\$1,220,499,099</b>

## TABLE A ENDNOTES

- a. Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- b. Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance and Indigent Care programs on a cost basis.
- c. Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- d. Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- e. Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a related denominator such as the number of Youth Employment programs participants hired.
- f. Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- g. The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- h. Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a number of related denominators such as the number of Educational Theatre performances or health education programs.
- i. Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- j. Amount reflects the net expenditures after scholarships for health professional education and training programs.
- k. Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals such as physicians, nurses, physical therapists, social workers, pharmacists, etc. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

**Table B**

**KAISER FOUNDATION HOSPITALS IN CALIFORNIA**

**Community Benefits Provided by Hospital Service Area in 2018**

<b>NORTHERN CALIFORNIA HOSPITALS</b>		<b>SOUTHERN CALIFORNIA HOSPITALS</b>	
Antioch	\$32,394,786	Anaheim	\$42,524,980
Fremont	\$14,061,863	Baldwin Park	\$27,713,466
Fresno	\$11,163,875	Downey	\$40,855,894
Manteca	\$30,660,309	Fontana	\$69,928,344
Modesto	\$17,944,158	Irvine	\$16,693,413
Oakland	\$53,802,561	Los Angeles	\$48,562,408
Redwood City	\$16,822,970	Moreno Valley	\$13,225,236
Richmond	\$35,849,979	Ontario	\$17,190,388
Roseville	\$50,946,592	Panorama City	\$36,968,238
Sacramento	\$85,057,853	Riverside	\$34,701,604
San Francisco	\$35,547,422	San Diego	\$45,996,597
San Jose	\$29,984,480	South Bay	\$27,798,856
San Leandro	\$40,469,133	West Los Angeles	\$37,153,326
San Rafael	\$17,905,752	Woodland Hills	\$25,520,517
Santa Clara	\$48,816,820		
Santa Rosa	\$35,993,701		
South Sacramento	\$63,545,863		
South San Francisco	\$16,389,599		
Vacaville	\$28,202,916		
Vallejo	\$43,466,531		
Walnut Creek	\$26,638,672		
<b>Northern California Total</b>	<b>\$735,665,834</b>	<b>Southern California Total</b>	<b>\$484,833,265</b>

## **B. Medical Care Services for Vulnerable Populations**

For the purpose of this plan, KFH has quantified the unreimbursed costs of medical services provided in its hospitals to the underinsured and uninsured through government programs funded at the federal and state levels as well as Kaiser Permanente's own charity care programs. Government-funded programs include Medi-Cal Managed Care, Medi-Cal Fee-For-Service, and Healthy Families Program. KFH provides charity care through its Charitable Health Coverage and Medical Financial Assistance programs. Services provided to prepaid Medicare, Major Risk Medical Insurance Program (MRMIP), and Access for Infants and Mothers (AIM) beneficiaries are not reported.

## **C. Other Benefits for Vulnerable Populations**

### **Watts Counseling and Learning Center (SCAL)**

Since 1967, the Watts Counseling and Learning Center (WCLC) has been a valuable community resource for low-income, inner-city families in South Central Los Angeles. WCLC provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. Kaiser Permanente Health Plan membership is not required to receive these services and all services are offered in both English and Spanish. This program primarily serves the KFH-Downey, KFH-South Bay and KFH-West LA communities.

### **Educational Outreach Program (SCAL)**

Since 1992, Educational Outreach Program (EOP) has been empowering children and their families through several year-round educational, counseling, and social programs. EOP helps individuals develop crucial life-skills to pursue higher education, live a healthier lifestyle through physical activity and proper nutrition, overcome mental obstacles by participating in counseling, and instill confidence to advocate for the community. EOP primarily serves the KFH-Baldwin Park community.

### **Youth Employment Programs (NCAL and SCAL)**

Youth workforce programs focus on providing underserved diverse students with meaningful employment experiences in the health care field. Educational sessions and motivational workshops introduce them to the possibility of pursuing a career in health care while enhancing job skills and work performance. These programs serve as a pipeline for the organization and community-at-large, enhancing the future diversity of the health care workforce.

## **D. Benefits for the Broader Community**

### **Community Health Education and Health Promotion Programs (NCAL and SCAL)**

Health Education provides evidence-based clinically effective programs, printed materials, and training sessions to empower participants to build healthier lifestyles. This program incorporates tested models of behavior change, individual/group engagement and motivational interviewing as a language to elicit behavior change. Many of the programs and resources are offered in partnership with community groups, community clinics, libraries, nonprofit organizations, cable television channels, and schools.



### **Kaiser Permanente Educational Theatre (NCAL and SCAL)**

Since 1986, KPET has been using live theatre, music, comedy, and drama to inspire children, teens, and adults to make healthier choices and better decisions about their well-being. Its award-winning programs are as entertaining as they are educational and were developed with the advice of teachers, parents, students, health educators, medical professionals, and professional theatre artists. Professional actors who are also trained health educators deliver all performances and workshops. KPET programs share health information and develop individual and community knowledge about leading healthier lives. KPET is provided free of charge to schools and the general community. In addition to performances and classroom workshops, KPET supplies schools and organizations with supplementary educational materials – including workbooks, parent and teacher guides, and student wallet cards – to reinforce the messages presented in the programs.

## **E. Health Research, Education, and Training Programs**

### **Graduate Medical Education (GME)**

The mission of Kaiser Permanente GME is to recruit and prepare the physician workforce of the 21st century by optimizing the unique clinical and educational opportunities within our integrated model of care, which is now considered the gold standard for improving the entire U.S. health care system. Residents trained in our health care settings utilize technology to provide evidence-based, patient-centered care in a team-based model, employ population management strategies, and cultivate their skills in cultural sensitivity, effective communication and leadership. As part of their training, residents participate in rotations at school-based health centers, community clinics, and homeless shelters.

### **Non-MD Provider Education and Training Programs**

Kaiser Permanente provides education, training, residences, internships, and/or scholarships and stipends for non-physician health care professionals in nursing, pharmacy, physical therapy, psychology, and radiology. This includes Northern California Region's Kaiser Permanente School of Allied Health Sciences, which offers 18-month training programs in sonography, nuclear medicine, and radiation therapy and Southern California Region's Hippocrates Circle Program, which was designed to provide youth from under-represented communities and diverse backgrounds with an awareness of career opportunities as a physician.

### **Health Research**

Kaiser Permanente conducts, publishes, and disseminates high-quality epidemiological and health services research to improve health and medical care throughout our communities. Our Division of Research (NCAL), Department of Research and Evaluation (SCAL), Kaiser Foundation Research Institute, and Nursing Research Programs deploy a wide range of research methods, including clinical research, health care services research, and epidemiological and translational studies on health care that are generalizable and broadly shared, helping build a knowledge base that improves health and health care services.

### III. KFH-San Jose Community Served

#### A. Kaiser Permanente’s Definition of Community Served

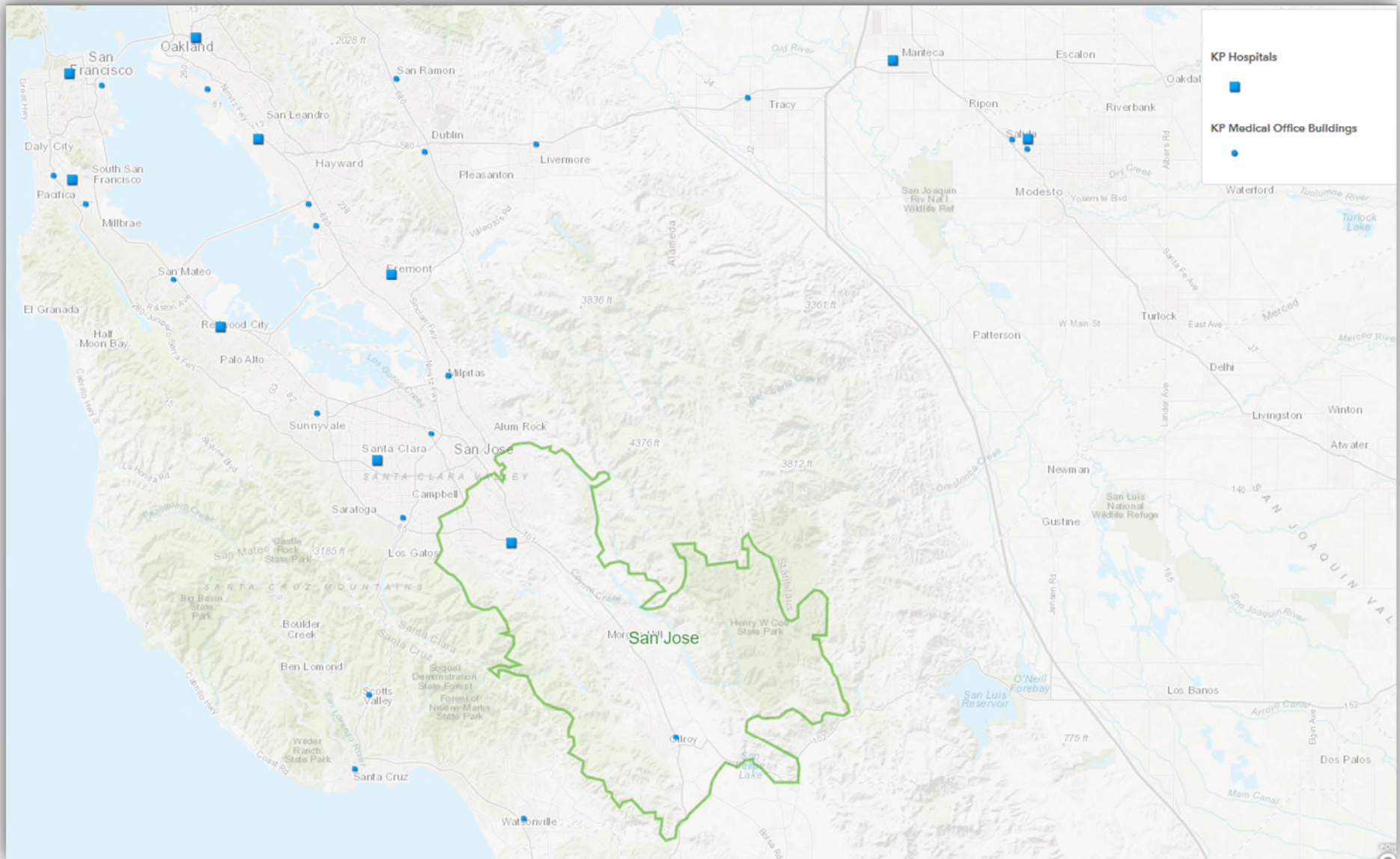
Kaiser Permanente defines the community served by a hospital as those individuals residing within its hospital service area. A hospital service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations.

#### B. Demographic Profile of the Community Served by KFH-San Jose

Total Population	509,488
White	52.0%
Black/African American	2.9%
Asian	29.6%
Native American/ Alaskan Native	0.5%
Pacific Islander/ Native Hawaiian	0.3%
Some Other Race	9.3%

Multiple Races	5.5%
Hispanic/Latino	32.5%
Total Living in Poverty (<100% FPL)	8.7%
Children Living in Poverty	11.0%
Unemployment Rate	2.6%
Uninsured Population	7.9%
Adults with No High School Diploma	15.0%

### C. Map and Description of Community Served by KFH-San Jose



KFH-San Jose service area comprises roughly the southern half of Santa Clara County and all of Santa Cruz County. Cities in this area include Gilroy, Morgan Hill, San Jose, Santa Cruz, and Watsonville.

## IV. Description of Community Health Needs Addressed by KFH-San Jose

KFH-San Jose's 2016 Community Health Needs Assessment (CHNA) is posted on the internet at <http://www.kp.org/chna> (Kaiser Permanente's ShareSite). Detailed information about the CHNA process and the criteria and rationale used to determine which priority health needs KFH-San Jose would address in its Community Benefit Plan (referred to as an Implementation Strategy for IRS purposes) – along with information about the health needs that were not identified but not selected – can also be found on the website. Here are the health needs KFH-San Jose is addressing in the 2017-2019 three-year cycle:

### 1. Health Care Access and Delivery

Access to comprehensive, quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life for everyone. Components of access to care include insurance coverage, adequate numbers of primary and specialty care providers, and timeliness. Components of delivery of care include quality, transparency, and cultural competence. Limited access to health care and compromised health care delivery impact people's ability to reach their full potential, negatively affecting their quality of life.

### 2. Behavioral Health

Mental health (including sub-clinical stress, anxiety, and depression, in addition to diagnosed mental health disorders) and substance abuse are often co-occurring problems, and as such are grouped together under the larger umbrella term behavioral health. Substance abuse is related to mental health because many people cope with mental health issues by using drugs or abusing alcohol.

Mental health is a state of successful performance of mental function resulting in productive activities, fulfilling relationships with other people, and the ability to adapt to change and to cope with challenges. Good mental health is essential to personal well-being, family and interpersonal relationships, and the ability to contribute to the community or society. It also plays a major role in people's ability to maintain good physical health. Mental illnesses, such as depression and anxiety, affect people's ability to participate in health-promoting behaviors. In turn, problems with physical health, such as chronic diseases, can have a serious impact on mental health and decrease a person's ability to participate in treatment and recovery.

The abuse of substances, including alcohol, tobacco, and other drugs, has a major impact on individuals, families, and communities. For example, smoking and tobacco use cause many diseases, such as cancer, heart disease, and respiratory diseases. The effects of substance abuse contribute to costly social, physical, mental, and public health problems. These problems include, but are not limited to teenage pregnancy, domestic violence, child abuse, motor vehicle crashes, HIV/AIDS, crime, and suicide. Advances in research have led to the development of effective evidence-based strategies to address substance abuse. Improvements in brain-imaging technologies and the development of medications that assist in treatment have shifted the research community's perspective on substance abuse. Substance abuse is now understood as a disorder that develops in adolescence and, for some individuals, will develop into a chronic illness that will require lifelong monitoring and care.

### 3. Healthy Eating and Active Living

Healthy diets, and achievement and maintenance of healthy body weights reduce the risk of chronic diseases, including diabetes and obesity. Efforts to change diet and weight should address individual behaviors, as well as the policies and environments that support these

behaviors in settings such as schools, worksites, health care organizations, and communities. For example, having healthy food available and affordable in food retail and food service settings allows people to make healthier food choices. When healthy foods are not available, people may settle for foods that are higher in calories and lower in nutritional value. Similarly, having access to appropriate, safe, and free or low-cost physical activity options in their local community allows people to engage in more active living. When such opportunities are not available locally, people are likely to be less physically active. Creating and supporting healthy environments allow people to make healthier choices and live healthier lives.

#### **4. Community and Family Safety**

Lack of community and family safety – violence and intentional injury – contributes to poorer physical health for victims, perpetrators, and community members. In addition to direct physical injury, victims of violence are at increased risk of depression, substance abuse disorders, anxiety, reproductive health problems, and suicidal behavior, according to the World Health Organization’s *World Report on Violence and Health*. Crime in a neighborhood causes fear, stress, unsafe feelings, and poor mental health. In one international study, individuals who reported feeling unsafe to go out in the day were 64% more likely to be in the lowest quartile of mental health. Witnessing and experiencing violence in a community can cause long term behavioral and emotional problems in youth. For example, a study in the San Francisco Bay Area showed that youth who were exposed to violence showed higher rates of self-reported PTSD, depressive symptoms, and perpetration of violence.



## V. 2018 Year-End Results for KFH-San Jose

### A. 2018 Community Benefit Financial Resources Provided by KFH-San Jose

Total Community Benefit expenditures are reported as follows:

- Quantifiable Community Benefit such as facility use and in-kind donations are included if funded by KFH, provided in a KFH facility, or are part of a KFH Community Benefit Plan.
- Medical care services for vulnerable populations include unreimbursed inpatient costs for participation in Kaiser Permanente-subsidized and government-sponsored health care insurance programs.
- The unreimbursed portion of medical, nursing, and other health care professional education and training costs are included.

Resource allocations are reported, as follows:

- Financial expenditures are reported in exact amounts, if available, by hospital service area.
- If exact financial expenditure amounts were not available by hospital service area, then regional expenses were allocated proportionally on the basis of KFHP membership or other quantifiable data, such as the number of Kaiser Permanente Youth Employment participants employed within each hospital area's community at large.

**Table C**

**KFH-San Jose**

**Community Benefits Provided in 2018** (Endnotes on following page.)

<b>Medical Care Services for Vulnerable Populations</b>	
Medi-Cal shortfall <sup>a</sup>	\$16,615,088
Charity care: Medical Financial Assistance Program <sup>b</sup>	7,506,574
Grants and donations for medical services <sup>c</sup>	507,504
<b>Subtotal</b>	<b>\$24,629,166</b>
<b>Other Benefits for Vulnerable Populations</b>	
Youth Employment programs <sup>d</sup>	\$162,423
Grants and donations for community-based programs <sup>e</sup>	1,901,807
Community Benefit administration and operations <sup>f</sup>	370,669
<b>Subtotal</b>	<b>\$2,434,898</b>
<b>Benefits for the Broader Community<sup>g</sup></b>	
Community health education and promotion programs	\$2,399
Community Giving Campaign administrative expenses	27,820
Grants and donations for the broader community <sup>h</sup>	98,637
National board of directors fund	25,335
<b>Subtotal</b>	<b>\$154,191</b>
<b>Health Research, Education, and Training</b>	
Graduate Medical Education	\$698,111
Non-MD provider education and training programs <sup>i</sup>	1,008,281
Grants and donations for health research, education, and training <sup>j</sup>	70,293
Health research	989,539
<b>Subtotal</b>	<b>\$2,766,224</b>
<b>Total Community Benefits Provided</b>	<b>\$29,984,480</b>

## TABLE C ENDNOTES

- a. Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- b. Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance on a cost basis.
- c. Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- d. Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the number of Youth Employment programs participants hired.
- e. Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- f. The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- g. Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre Programs performances or health education programs.
- h. Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- i. Amount reflects the net expenditures for health professional education and training programs.
- j. Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

## B. Examples of KFH-San Jose’s 2018 Activities to Address Selected Health Needs

All Kaiser Foundation Hospitals (KFH) carefully consider the evidence-base when determining which goals, strategies, and related activities would be most effective in addressing priority health needs. It is anticipated that successful implementation of key activities (programs, grants, collaboration, and/or in-kind assets), tied to key goals and strategies, can contribute toward improving the priority health needs in the community. For information on the goals and strategies that were selected for each health need, please refer to the KFH-San Jose Community Benefit Plan/Implementation Strategy Report posted on the internet at <http://www.kp.org/chna>.

Mechanisms for monitoring progress are tailored to each activity and may include the collection and documentation of tracking measures such as number of grants made, number of dollars spent, number of people reached/served, and number and role of Kaiser Permanente volunteers. Kaiser Permanente also conducts evaluation of larger grant initiatives to understand both progress and outcomes. In addition to internal monitoring and evaluation, Kaiser Permanente requires grantees to propose, track, and report outcomes of the projects for which they have received funding.

The examples below provide highlights for a select number of programs, grants, collaboration and/or assets that address the identified health needs in KFH-San Jose. Where appropriate, summative information is provided for grants and program examples that have been paid and implemented in multiple years during the Implementation Strategy time cycle. These examples are illustrative and not exhaustive.

Need	Summary of Impact	Top 3 to 5 examples of most impactful efforts
Access to Care and Coverage	In 2018, there were 43 grants totaling \$521,775.32 that addressed Access to Care in the KFH-San Jose service area.	<p><b>Kaiser Permanente Medicaid and Charity Care:</b> In 2018, Kaiser Permanente provided care to 9,457 Medi-Cal members and 167 Charitable Health Coverage (CHC) members. and 6,085 individuals received Medical Financial Assistance (MFA).</p> <p><b>Operation Access:</b> Operation Access received a \$350,000 grant (even split with 15 KFH hospital service areas) to coordinate donated medical care and expand access to care for low-income uninsured adults in the Bay Area through its volunteer and hospital network. Overall, 669 staff/physician volunteers provided 650 surgical and diagnostic services at 11 facilities, reaching 521 adults.</p> <p><b>211:</b> United Way of Santa Cruz County received a \$50,000 grant to increase referrals between 211 and community health clinics and public hospitals, and to ensure efficient and effective 211 services. To date, the 211 Helpline has answered 1,637 calls and offered 1,468 referrals to services ranging from housing to mental health services.</p>

Need	Summary of Impact	Top 3 to 5 examples of most impactful efforts
		<p><b>PHASE:</b> Santa Clara Valley Medical Center (SCVMC) received a three-year \$500,000 grant (even split with three KFH hospital service areas) to support the successful use of PHASE, through efforts such as validating data, using group visits for patients with chronic disease, and developing a robust diabetes care management program. SCVMC is reaching almost 14,500 patients through PHASE; 66% of its patients with diabetes and 66% of those with hypertension have their blood pressure controlled.</p> <p><b>Patient navigation:</b> School Health Clinics of Santa Clara County was awarded \$50,000 (even split with KFH-Santa Clara) to implement a patient navigator project, which was designed to break down barriers, including language, transportation, and lack of health care coverage, that inhibit people from gaining access to care. The patient navigators worked with 1,750 low-income patients and supported ongoing access to medical and behavioral health care in high-risk areas of Santa Clara County</p>
Healthy Eating Active Living	In 2018, there were 32 grants totaling \$672,521.43 that addressed Healthy Eating Active Living in the KFH-San Jose service area.	<p><b>CalFresh:</b> Second Harvest Food Bank Santa Cruz County received a \$95,000 grant to increase its capacity to deploy outreach staff to increase enrollment among eligible populations, particularly among college students. The Food Bank has provided CalFresh training for 21 CalFresh buddies. To date, the Food Bank has submitted 253 CalFresh applications and 189 were approved.</p> <p><b>Parks:</b> Friends of Santa Cruz State Parks received a \$75,000 grant to restore Castro Adobe into a museum and provide programming to encourage participation and foster positive social relationships among the Latino community. The restoration is expected to be completed in Fall 2019. Since awarded the grant, 11 high school students have begun training as volunteer docents and 225 children and adults participated in field trips and open houses.</p> <p><b>Childhood obesity:</b> Healthier Kids Foundation of Santa Clara County was awarded a \$20,000 grant (even split with KFH-Santa Clara) that supported delivery of the 10 Steps to a Healthier You program to 235 parents and caregivers in Santa Clara County. The workshops focused on implementing healthy, active lifestyles in the home to prevent childhood and adolescent obesity.</p>



Need	Summary of Impact	Top 3 to 5 examples of most impactful efforts
		<p><b>Food security:</b> San Francisco Planning &amp; Urban Research Association (SPUR) was awarded a \$40,000 grant (even split with KFH-Santa Clara) to support its Double Up Food Bucks California program, which reduces food insecurity and improves nutrition by making fruits and vegetables more affordable for low-income families participating in CalFresh. The program provided monetary supplements to 17,000 CalFresh participants who buy fruits and vegetables at participating local grocery stores.</p> <p><b>Afterschool program:</b> THINK Together was awarded a \$35,000 grant (even split with KFH-Santa Clara) to support its Healthy Living Program at Alum Rock and San Jose elementary schools. The program’s goal is to reduce obesity by increasing students’ healthy eating habits and improving their attitudes and behavior around regular exercise. This afterschool program engaged 1,500 student participants.</p>
Mental Health & Wellness	In 2018, there were 36 grants totaling \$965,591.38 that addressed Mental Health and Wellness in the KFH-San Jose service area.	<p><b>Stigma:</b> Encompass received a \$89,985 grant to implement a youth peer outreach intervention and a public education campaign to reduce the stigma associated with mental health and substance use disorders among homeless youth and young adults in Santa Cruz County. Because of this outreach and education, it is expected that homeless youth will be more likely to access mental health services.</p> <p><b>Resilience:</b> Alum Rock Counseling Center received a \$98,000 grant to partner with Lee Mathson Middle School to improve the schools' trauma-informed environment through conducting mental health and trauma assessments with high-risk students and providing education on trauma and stress to students, parents, and staff. To date, more than 300 students and 20 staff have received 35 hours of training, 90% of students report having at least one adult on campus who they trust, and 100% of teachers report feeling supported in their role.</p> <p><b>Opioid abuse prevention:</b> Community Health Partnerships was awarded a \$50,000 grant (even split with KFH-Santa Clara) to support population health strategies for the prevention of opioid abuse. The project targeted high-risk patients for opioid management, based on best practices, with the goal of preventing adverse clinical outcomes and mitigating health care costs. The program reached 150 patients.</p>

Need	Summary of Impact	Top 3 to 5 examples of most impactful efforts
		<p><b>Peer mentorship:</b> National Alliance on Mental Illness Santa Clara County (NAMI) received a \$30,000 grant (even split with KFH-Santa Clara) to support community peer mentoring programs that provide peer support to Santa Clara County residents who suffer from severe and persistent mental illness. The program reached 500 participants and reduced loneliness and isolation, improved self-care, and increased engagement in treatment and recovery.</p> <p><b>Substance abuse:</b> Uplift Family Services received a \$45,000 grant (even split with KFH-Santa Clara) for its Addiction Prevention Services (APS). APS programming achieves excellent outcomes in preventing dangerous behavior in at-risk youth and educating students on substance abuse. APS supported parents and teachers challenged with youth behavior issues. The program served 1,190 students, staff, and family members in 20 Santa Clara County schools.</p>
Community and Family Safety	In 2018, there were 21 grants totaling \$307,016.00 that addressed Community and Family Safety in the KFH-San Jose service area.	<p><b>Domestic violence:</b> Destination Home Silicon Valley received a \$50,000 grant (even split with KFH-Santa Clara) to connect the Domestic Violence Advocacy Consortium of Santa Clara County to Destination Home’s Homelessness Prevention System through a common intake process that prioritizes the most vulnerable victims of domestic violence (DV) for limited shelter beds. The project integrates existing DV service providers into a coordinated entry system, which allows their clients to gain access to more and supportive services. More than 20,000 residents were reached through this effort.</p> <p><b>Domestic violence:</b> Next Door Solutions to Domestic Violence received a \$40,000 grant (even split with KFH-Santa Clara) that provided crisis and support services for 1,800 victims of sexual dating violence and intimate partner violence. To ensure greater safety for survivors and their children, the program provides counseling, risk management, evaluation, safety planning, and linkages to appropriate additional services.</p> <p><b>Student wellness:</b> Kidpower Teenpower of the South Bay received a \$30,000 grant (even split with KFH-Santa Clara) to build the capacities and behavioral skill sets of 720 students at Jason M. Dahl Elementary School. The program provides tools to help students protect themselves from community and family violence and abuse and improve their overall social-emotional wellness by decreasing behavioral risk factors and increasing non-violent conflict solution-orientated protective factors.</p>

Need	Summary of Impact	Top 3 to 5 examples of most impactful efforts
		<p><b>School climate:</b> YMCA of Silicon Valley/Project Cornerstone received a \$50,000 grant to create safe school communities. For children attending Santa Clara County’s Title 1 pre, elementary, and middle schools, the project provides student workshops, parent education and engagement programs, and staff training, helping to reduce school violence and to build safe and caring school environments. More than 5,000 students, parents, and staff were impacted by this programming.</p>