



Kaiser Foundation Hospital – Southern California Region

2018 COMMUNITY BENEFIT YEAR-END REPORT AND 2017-2019 COMMUNITY BENEFIT PLAN

SOUTH BAY

Submitted to the Office of Statewide Health Planning and Development in compliance with Senate Bill 697, California Health and Safety Code Section 127350.

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I. Introduction and Background

A. About Kaiser Permanente

Founded in 1942 to serve employees of Kaiser Industries and opened to the public in 1945, Kaiser Permanente is recognized as one of America's leading health care providers and nonprofit health plans. We were created to meet the challenge of providing American workers with medical care during the Great Depression and World War II, when most people could not afford to go to a doctor. Since our beginnings, we have been committed to helping shape the future of health care. Among the innovations Kaiser Permanente has brought to U.S. health care are:

- Prepaid health plans, which spread the cost to make it more affordable
- A focus on preventing illness and disease as much as on caring for the sick
- An organized, coordinated system that puts as many services as possible under one roof—all connected by an electronic medical record

Kaiser Permanente is an integrated health care delivery system comprised of Kaiser Foundation Hospitals (KFH), Kaiser Foundation Health Plan (KFHP), and physicians in the Permanente Medical Groups. Today we serve more than 12 million members in nine states and the District of Columbia. Our mission is to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.

Care for our members and patients is focused on their Total Health and guided by their personal physicians, specialists, and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery, and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education, and the support of community health.

B. About Kaiser Permanente Community Health

For more than 70 years, Kaiser Permanente has been dedicated to providing high-quality, affordable health care services and to improving the health of our members and the communities we serve. We believe good health is a fundamental right shared by all and we recognize that good health extends beyond the doctor's office and the hospital. It begins with healthy environments: fresh fruits and vegetables in neighborhood stores, successful schools, clean air, accessible parks, and safe playgrounds. Good health for the entire community requires equity and social and economic well-being. These are the vital signs of healthy communities.

Better health outcomes begin where health starts, in our communities. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. We go beyond traditional corporate philanthropy or grantmaking to pair

financial resources with medical research, physician expertise, and clinical practices. Our community health strategy focuses on three areas:

- Ensuring health access by providing individuals served at KP or by our safety net partners with integrated clinical and social services;
- Improving conditions for health and equity by engaging members, communities, and Kaiser Permanente’s workforce and assets; and
- Advancing the future of community health by innovating with technology and social solutions.

For many years, we’ve worked side-by-side with other organizations to address serious public health issues such as obesity, access to care, and violence. We’ve conducted Community Health Needs Assessments to better understand each community’s unique needs and resources. The CHNA process informs our community investments and helps us develop strategies aimed at making long-term, sustainable change—and it allows us to deepen the strong relationships we have with other organizations that are working to improve community health.

C. Purpose of the Report

Since 1996, Kaiser Foundation Hospitals (KFH) in Northern and Southern California have annually submitted to the Office of Statewide Health Planning and Development (OSHPD) a Consolidated Community Benefit Plan, commonly referred to as the SB 697 Report (for Senate Bill 697 which mandated its existence). This plan fulfills the 2018 year-end community benefit reporting regulations under California Health and Safety Code, Section 127340 et seq. The report provides detailed information and financial data on the Community Benefit programs, services, and activities provided by all KFH hospitals in California.

II. Overview and Description of Community Benefit Programs Provided

A. California Kaiser Foundation Hospitals Community Benefit Financial Contribution

In California, KFH owns and operates 36 hospitals: 21 community hospitals in Northern California and 15 in Southern California, all accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). KFH hospitals are located in Anaheim, Antioch, Baldwin Park, Downey, Fontana, Fremont, Fresno, Irvine, Los Angeles, Manteca, Modesto, Moreno Valley, Oakland, Ontario, Panorama City, Redwood City, Richmond, Riverside, Roseville, Sacramento, San Diego, San Francisco, San Jose, San Leandro, San Rafael, Santa Clara, Santa Rosa, South Bay, South Sacramento, South San Francisco, Vacaville, Vallejo, Walnut Creek, West Los Angeles, and Woodland Hills.

In 2018, Kaiser Foundation Hospitals in Northern and Southern California Regions provided a total of \$1,220,499,099 in Community Benefit for a diverse range of community projects, medical care services, research, and training for health and medical professionals. These programs and services are organized in alignment with SB697 regulations:

- Medical Care Services for Vulnerable Populations
- Other Benefits for Vulnerable Populations
- Benefits for the Broader Community
- Health, Research, Education and Training

A breakdown of financial contributions is provided in Tables A and B.

Note that 'non-quantifiable benefits' will be highlighted in the Year end Results section of KFH Community Benefit Plan, where applicable.

Table A – Total Community Benefits Provided in 2018 across California KFH

Medical Care Services for Vulnerable Populations	
Medi-Cal shortfall ¹	\$740,302,826
Charity care: Medical Financial Assistance Program ²	\$252,514,999
Grants and donations for medical services ³	\$24,632,288
Subtotal	\$1,017,450,114
Other Benefits for Vulnerable Populations	
Watts Counseling and Learning Center ⁴	\$3,171,145
Educational Outreach Program	\$977,755
Summer Youth and INROADS programs ⁵	\$3,423,227
Grants and donations for community-based programs ⁶	\$30,937,535
Community Benefit administration and operations ⁷	\$12,672,094
Subtotal	\$51,181,755
Benefits for the Broader Community⁸	
Community health education and promotion programs	\$1,028,815
Kaiser Permanente Educational Theatre	\$5,732,278
Community Giving Campaign administrative expenses	\$656,149
Grants and donations for the broader community ⁹	\$3,975,643
National board of directors fund	\$742,683
Subtotal	\$12,135,568
Health Research, Education, and Training	
Graduate Medical Education	\$83,120,684
Non-MD provider education and training programs ¹⁰	\$24,019,233
Grants and donations for the education of health care professionals ¹¹	\$1,706,941
Health research	\$30,884,804
Subtotal	\$139,731,662
TOTAL COMMUNITY BENEFITS PROVIDED IN 2018	\$484,833,265

TABLE A ENDNOTES

- ¹ Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- ² Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance and Indigent Care programs on a cost basis.
- ³ Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁴ Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- ⁵ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a related denominator such as the number of Summer Youth students hired.
- ⁶ Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁷ The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- ⁸ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or health education programs.
- ⁹ Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ¹⁰ Amount reflects the net expenditures for health professional education and training programs.
- ¹¹ Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

Table B – Community Benefits Provided in 2018 by KFH Service Area

NORTHERN CALIFORNIA HOSPITALS		SOUTHERN CALIFORNIA HOSPITALS	
Antioch	\$32,394,786	Anaheim	\$42,524,980
Fremont	\$14,061,863	Baldwin Park	\$27,713,466
Fresno	\$11,163,875	Downey	\$40,855,894
Manteca	\$30,660,309	Fontana	\$69,928,344
Modesto	\$17,944,158	Irvine	\$16,693,413
Oakland	\$53,802,561	Los Angeles	\$48,562,408
Redwood City	\$16,822,970	Moreno Valley	\$13,225,236
Richmond	\$35,849,979	Ontario	\$17,190,388
Roseville	\$50,946,592	Panorama City	\$36,968,238
Sacramento	\$85,057,853	Riverside	\$34,701,604
San Francisco	\$35,547,422	San Diego (2 Hospitals)	\$45,996,597
San Jose	\$29,984,480	South Bay	\$27,798,856
San Leandro	\$40,469,133	West Los Angeles	\$37,153,326
San Rafael	\$17,905,752	Woodland Hills	\$25,520,517
Santa Clara	\$48,816,820		
Santa Rosa	\$35,993,701		
South Sacramento	\$63,545,863		
South San Francisco	\$16,389,599		
Vacaville	\$28,202,916		
Vallejo	\$43,466,531		
Walnut Creek	\$26,638,672		
Northern California Total	\$735,665,834	Southern California Total	\$484,833,265

B. Medical Care Services for Vulnerable Populations

For the purpose of this plan, KFH has quantified the unreimbursed costs of medical services provided in its hospitals to the underinsured and uninsured through government programs funded at the federal and state levels as well as Kaiser Permanente's own charity care programs. Government-funded programs include Medi-Cal Managed Care, Medi-Cal Fee-For-Service, and Healthy Families Program. KFH provides charity care through its Charitable Health Coverage and Medical Financial Assistance programs. Services provided to prepaid Medicare, Major Risk Medical Insurance Program (MRMIP), and Access for Infants and Mothers (AIM) beneficiaries are not reported.

C. Other Benefits for Vulnerable Populations

Watts Counseling and Learning Center (SCAL)

Since 1967, the Watts Counseling and Learning Center (WCLC) has been a valuable community resource for low-income, inner-city families in South Central Los Angeles. WCLC provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. Kaiser Permanente Health Plan membership is not required to receive these services and all services are offered in both English and Spanish. This program primarily serves the KFH-Downey, KFH-South Bay and KFH-West LA communities.

Educational Outreach Program (SCAL)

Since 1992, Educational Outreach Program (EOP) has been empowering children and their families through several year-round educational, counseling, and social programs. EOP helps individuals develop crucial life-skills to pursue higher education, live a healthier lifestyle through physical activity and proper nutrition, overcome mental obstacles by participating in counseling, and instill confidence to advocate for the community. EOP primarily serves the KFH-Baldwin Park community.

Youth Employment Programs (NCAL and SCAL)

Youth workforce programs focus on providing underserved diverse students with meaningful employment experiences in the health care field. Educational sessions and motivational workshops introduce them to the possibility of pursuing a career in health care while enhancing job skills and work performance. These programs serve as a pipeline for the organization and community-at-large, enhancing the future diversity of the health care workforce.

D. Benefits for the Broader Community

Community Health Education and Health Promotion Programs (NCAL and SCAL)

Health Education provides evidence-based clinically effective programs, printed materials, and training sessions to empower participants to build healthier lifestyles. This program incorporates tested models of behavior change, individual/group engagement and motivational interviewing as a language to elicit behavior change. Many of the programs and resources are offered in partnership with community groups, community clinics, libraries, nonprofit organizations, cable television channels, and schools.

Kaiser Permanente Educational Theatre (NCAL and SCAL)

Since 1986, KPET has been using live theatre, music, comedy, and drama to inspire children, teens, and adults to make healthier choices and better decisions about their well-being. Its award-winning programs are as entertaining as they are educational and were developed with the advice of teachers, parents, students, health educators, medical professionals, and professional theatre artists. Professional actors who are also trained health educators deliver all performances and workshops. KPET programs share health information and develop individual and community knowledge about leading healthier lives. KPET is provided free of charge to schools and the general community. In addition to performances and classroom workshops, KPET supplies schools and organizations with supplementary educational materials - including workbooks, parent and teacher guides, and student wallet cards - to reinforce the messages presented in the programs.

E. Health Research, Education, and Training Programs

Graduate Medical Education (GME)

The mission of Kaiser Permanente GME is to recruit and prepare the physician workforce of the 21st century by optimizing the unique clinical and educational opportunities within our integrated model of care, which is now considered the gold standard for improving the entire U.S. health care system. Residents trained in our healthcare settings utilize technology to provide evidence-based, patient-centered care in a team-based model, employ population management strategies, and cultivate their skills in cultural sensitivity, effective communication and leadership. As part of their training, residents participate in rotations at school-based health centers, community clinics, and homeless shelters.

Non-MD Provider Education and Training Programs

Kaiser Permanente provides education, training, residences, internships, and/or scholarships and stipends for non-physician health care professionals in nursing, pharmacy, physical therapy, psychology, and radiology. This includes Northern California Region's Kaiser Permanente School of Allied Health Sciences, which offers 18-month training programs in sonography, nuclear medicine, and radiation therapy and Southern California Region's Hippocrates Circle Program, which was designed to provide youth from under-represented communities and diverse backgrounds with an awareness of career opportunities as a physician.

Health Research

Kaiser Permanente conducts, publishes, and disseminates high-quality epidemiological and health services research to improve health and medical care throughout our communities. Our Division of Research, Department of Research & Evaluation (NCAL), Department of Research and Evaluation (SCAL), Kaiser Foundation Research Institute, and Nursing Research Programs deploy a wide range of research methods, including clinical research, health care services research, and epidemiological and translational studies on health care that are generalizable and broadly shared, helping build a knowledge base that improves health and health care services.

III. KFH-South Bay Community Served

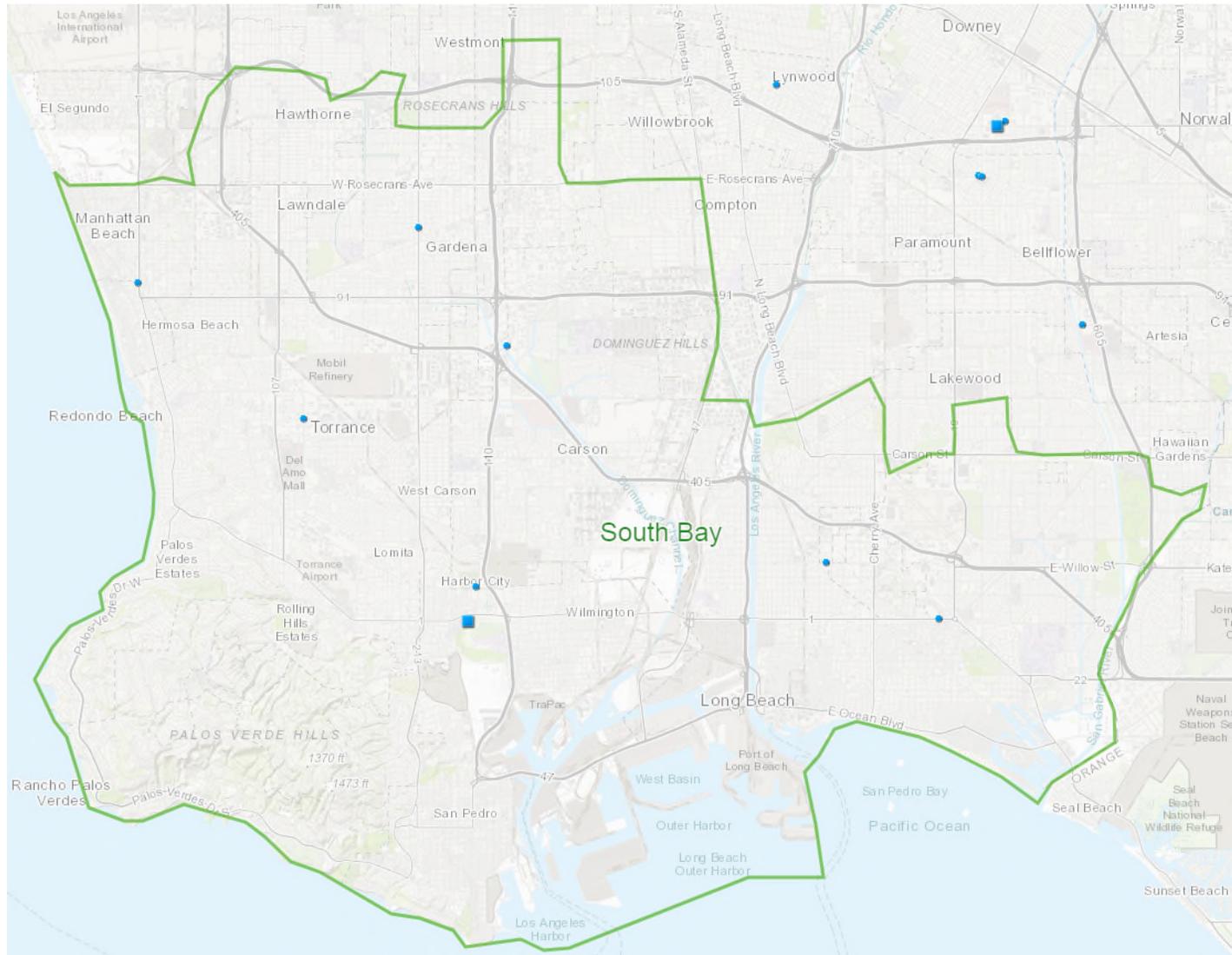
A. Kaiser Permanente's Definition of Community Served

Kaiser Permanente defines the community served by a hospital as those individuals residing within its hospital service area. A hospital service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations.

B. Map and Description of Community Served

The KFH-South Bay service area includes (formerly KFH-Harbor City) service area includes: Carson, Catalina Island, Compton, El Segundo, Gardena, Harbor City/Harbor Gateway, Hawthorne, Hermosa Beach, Lawndale, Lomita, Long Beach, Manhattan Beach, Palos Verdes Peninsula, Rancho PalosVerdes, Redondo Beach, San Pedro, Signal Hill, Torrance, Willowbrook, and Wilmington.

KFH-South Bay Service Area Map



C. Demographic Profile of the Community Served

The following table includes race, ethnicity, and additional socioeconomic data for the KFH-South Bay service area. Please note that "race" categories indicate "non-Hispanic" population percentage for Asian, Black, Native American/Alaska Native, Pacific Islander/Native Hawaiian, Some Other Race, Multiple Races, and White. "Hispanic/Latino" indicates total population percentage reporting as Hispanic/Latino.

Race/Ethnicity		Socioeconomic	
Total Population	1,339,944	Living in Poverty (<100% Federal Poverty Level)	15.32%
Asian	15.75%	Children in Poverty	22.53%
Black	11.39%	Unemployment	4.1%
Hispanic/Latino	38.80%	Uninsured Population	13.06%
Native American/Alaska Native	0.23%	Adults with No High School Diploma	17.20%
Pacific Islander/Native Hawaiian	0.71%		
Some Other Race	0.29%		
Multiple Races	3.48%		
White	29.35%		

IV. Description of Community Health Needs Addressed by KFH-South Bay

The following are the health needs that KFH-South Bay is addressing during the 2017-2019 Implementation Strategy Period. For information about the process and criteria used to select these health needs and the health needs that were not selected (and the rationale), please review the 2019 CHNA Report and 2017-2019 Implementation Strategy Report at: <http://www.kp.org/chna>.

A. Access to Care

Health insurance helps individuals and families access needed primary care, specialists, and emergency care, but does not ensure access on its own—it is also necessary for providers to offer affordable care, be available to treat patients, and be in relatively close proximity to patients. Access to comprehensive, quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life. Insurance and access to providers ensures that diseases are identified and managed earlier. If diseases are left untreated or unmanaged because of delayed care (cost, access to providers), this could lead to higher rates of hospitalizations and mortality. Access to care greatly impacts residents of the KFH-South Bay medical center service area. While residents of the KFH-South Bay Medical Center Service Area are slightly more likely to have access to a dentist, youth and adults alike are less likely to have had a recent dental exam. Residents also lack access to primary care physicians and mental health care providers relative to the rest of the state. The percentage of individuals obtaining health care screenings, such as mammograms and colonoscopies, as well as those adequately managing chronic diseases, such as diabetes and high blood pressure, tend to be lower than the rest of the state.

B. Economic Security

Issues of economic security, such as unemployment and limited educational attainment, affect individuals in the KFH-South Bay medical center service area. The rate of unemployment is higher compared to the state indicating low economic security. Children in the KFH-South Bay Medical Center Service Area are more likely to live below the federal poverty level (FPL) than children in state. Blacks, Native Americans and individuals self-identifying as some other race in the KFH-South Bay Medical Center Service Area are more likely to live below the FPL compared to other race/ethnicities. In the KFH-South Bay Medical Center Service Area, Non-Hispanic African Americans and Hispanic/Latinos have the highest percent of 4th graders with “non- proficient” reading levels. Homelessness impacts the community with the number of homeless individuals increasing 10.5% from 5,351 to 5,913 in SPA 8 between 2015 and 2016. Community stakeholders interviewed during the CHNA also noted that the homeless population in the service area experience disproportionately poor health outcomes across almost every indicator, from mental health to access to healthy foods.

C. Violence/Injury Prevention

Homicide and domestic violence are important public health concerns in the United States. In addition to their immediate health impact, the effects of violence extend well beyond the injured person or victim of violence, affecting family members, friends, coworkers, employers, and communities. Violence can cause long term physical and emotional effects to those involved and can negatively impact the overall health and safety of a community. The KFH-South Bay Medical Center Service Area fares poorly on several indicators of safety and violence, including violent crime, assault, and robbery. The suicide mortality rate is higher in the KFH-South Bay Medical Center Service Area than Los Angeles County in general. African Americans and Asians are disproportionately impacted by pedestrian accidents, while African Americans and Non-Hispanic Whites are greatly impacted by motor vehicle accidents. Community stakeholders also noted that unintentional injuries are difficult for the older adult population.

D. Mental and Behavioral Health

Mental and behavioral health is essential to personal well-being, family and interpersonal relationships, and the ability to contribute to community or society. Mental health disorders are the leading cause of disability in the United States, accounting for 25% of all years of life lost to disability and premature mortality. In the United States in 2014, 3.1% of adults reported having serious psychological distress in the past 30 days. More than one quarter of adults in the KFH-South Bay Medical Center Service Area report that they frequently do not receive the social and emotional support they need and residents of the service area have more poor mental health days per month on average compared to other adults in the state. Community stakeholders noted that the homeless, Latino, Black, Cambodian and Southeast Asian communities, as well as youth, older adults, and veterans are disproportionately impacted by mental and behavioral health issues. For substance abuse, stakeholders identified disparities among youth, specifically in Long Beach, Harbor City/Harbor Gateway, San Pedro, Wilmington, Watts, and South Gate. They also reported the need for substance abuse treatment centers specializing in teens.

E. Obesity/HEAL/Diabetes

Overweight and obesity are defined using a person's Body Mass Index (BMI) which is a ratio of a person's weight to height. Los Angeles County adult obesity data is used for the KFH-South Bay service area, with 20.8% of adults being identified as obese. Obesity is one of the biggest drivers of preventable chronic diseases in the U.S. with poor diet and lack of physical activity contributing to its prevalence. Being overweight or obese increases the risk for many health conditions, including type 2 diabetes, heart disease, stroke, hypertension, and cancer. Certain factors, such as access to grocery stores and proximity to fast food restaurants, are important environmental factors when considering rates of overweight and obesity. In the KFH-South Bay service area, obesity and diabetes disproportionately impact specific populations. Community stakeholders observed the highest disparities in overweight and obesity within the Latino and African American populations. Overall, a higher percentage of Hispanic/Latino students ranked within the "High Risk" category (Obese) for body composition on the Fitnessgram physical fitness test, followed by African- Americans.

V. 2018 Year-End Results for KFH-South Bay

A. 2018 Community Benefit Financial Resources Provided by KFH-South Bay

Total Community Benefit expenditures are reported as follows:

- Quantifiable Community Benefit such as facility use and in-kind donations are included if funded by KFH, provided in a KFH facility, or are part of a KFH Community Benefit Plan.
- Medical care services for vulnerable populations include unreimbursed inpatient costs for participation in Kaiser Permanente-subsidized and government-sponsored health care insurance programs.
- The unreimbursed portion of medical, nursing, and other health care professional education and training costs are included.

Resource allocations are reported, as follows:

- Financial expenditures are reported in exact amounts, if available, by hospital service area.
- If exact financial expenditure amounts were not available by hospital service area, then regional expenses were allocated proportionally on the basis of KFHP membership or other quantifiable data, such as the number of Kaiser Permanente Educational Theatre performances presented or Summer Youth students employed within each hospital area's community at large.

Table C: KFH-South Bay 2018 Year-End Community Benefit Expenditures

	2018 Totals
Medical Care Services for Vulnerable Populations	
Medi-Cal shortfall ¹	\$18,804,078
Charity care: Medical Financial Assistance Program ²	\$4,906,083
Grants and donations for medical services ³	\$150,873
Subtotal	\$23,861,034
Other Benefits for Vulnerable Populations	
Watts Counseling and Learning Center ⁴	\$1,057,048
Summer Youth and INROADS programs ⁵	\$71,211
Grants and donations for community-based programs ⁶	\$434,003
Community Benefit administration and operations ⁷	\$422,915
Subtotal	\$1,985,177
Benefits for the Broader Community⁸	
Community health education and promotion programs	\$56,443
Kaiser Permanente Educational Theatre	\$370,422
Community Giving Campaign administrative expenses	\$9,273
Grants and donations for the broader community ⁹	\$71,640
National board of directors fund	\$16,751
Subtotal	\$524,529
Health Research, Education, and Training	
Graduate Medical Education	\$331,564
Non-MD provider education and training programs ¹⁰	\$558,493
Grants and donations for health research, education, and training ¹¹	\$58,618
Health research	\$479,441
Subtotal	\$1,428,116
Total Community Benefits Provided	\$27,798,856

TABLE C ENDNOTES

- ¹ Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- ² Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance and Indigent Care programs on a cost basis.
- ³ Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁴ Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- ⁵ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or a related denominator such as the number of Summer Youth students hired.
- ⁶ Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁷ The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- ⁸ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or health education programs.
- ⁹ Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ¹⁰ Amount reflects the net expenditures for health professional education and training programs.
- ¹¹ Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

B. 2018 Examples of KFH-South Bay Activities Addressing Selected Health Needs

All Kaiser Foundation Hospitals (KFH) carefully consider the evidence-base when determining which goals, strategies, and related activities would be most effective in addressing priority health needs. It's anticipated that successful implementation of key activities (programs, grants, collaboration, and/or in-kind assets), tied to key goals and strategies, can contribute toward improving the priority health needs in the community. For information on the goals and strategies that were selected for each health need, please refer to the KFH-South Bay Implementation Strategy Report, posted on the internet at <http://www.kp.org/chna>.

Mechanisms for monitoring progress are tailored to each activity and may include the collection and documentation of tracking measures such as number of grants made, number of dollars spent, number of people reached/served, and number and role of KFH volunteers. KFH also conduct evaluation of larger grant initiatives to understand both progress and outcomes. In addition to internal monitoring and evaluation, KFH requires grantees to propose, track, and report outcomes of the projects for which they have received funding.

The below tables provide highlights for a select number of programs, grants, collaboration and/or assets that aims to address the identified health needs for KFH-South Bay. The examples provided below are illustrations and not an exhaustive list. Where appropriate, summative information is provided for programs that have been implemented in multiple years. The total number and amount of paid grants to address a health need include those that are awarded to organizations providing programs serving the KFH-South Bay service area and may also serve other KFH service areas. Grant examples denoted with (~) provide services and/or programs in multiple Kaiser Foundation Hospital service areas. Grant examples denoted with (*) were distributed from the Kaiser Permanente Southern California Charitable Contribution Fund, a Donor Advised Fund (DAF) administered by the California Community Foundation; accordingly, grant amounts were not included in the community benefit totals for 2018 (Tables B and C). For individual grant examples spanning two years (2017-2018), the cited payment amount represents the total dollars paid over the two-year time period. In addition to the below examples, which address specific health needs, Kaiser Permanente, Southern California implements additional community programs that address multiple health needs:

- The Watts Counseling and Learning Center (WCLC) provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. In 2018, WLC provided services to 1,112 individuals (predominately of African-American and Latino descent), reaching 252 children, 493 teens and young adults, and 367 adults.
- Educational Theatre brings free, live theatrical programs to schools and communities. The programs are designed to inspire children, teens and adults to make healthier choices and informed decisions about their health by focusing on topics such as health reading and literacy, conflict management, healthy eating and active living, bullying, and sexually transmitted infections. All performances are delivered by professional actors who are also trained health educators. In 2018, Educational Theater provided 120 events in 22 schools in the KFH-South Bay communities, reaching 12,155 youth and 720 adults.

Need	Summary of impact	Examples of most impactful efforts
<p>Access to Care</p>	<p>During 2018, Kaiser Permanente paid 11 grants, totaling \$321,667, addressing the priority health need in the KFH-South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 4 grants, totaling \$931,667 that address this need.</p>	<p><u>Providing Affordable Healthcare</u> In 2018, KFH-South Bay provided \$18,804,078 in medical care services to 21,028 Medi-Cal recipients (both health plan members and non-members) and \$4,906,083 in medical financial assistance (MFA) for 6,017 beneficiaries.</p> <hr/> <p><u>Building Primary Care Capacity~</u> The California Primary Care Association (CPCA) provides education, training, and advocacy to their member community health centers to best serve their low-income, underserved, and diverse patients. In 2018, Kaiser Permanente paid \$126,666 to CPCA to:</p> <ul style="list-style-type: none"> • Hold statewide convenings and conferences and topic-specific peer networks to support over 1,200 California community health centers. • Provide 90 in-person and web-based trainings to over 4,400 attendees and 2,890 individual instances of technical assistance. <hr/> <p><u>Preserving and Expanding California Coverage Gains~</u> Insure the Uninsured Project (ITUP) works to preserve and expand access to health care and coverage in California and to reduce access barriers for uninsured and underinsured populations. Over two years (2017-2018), Kaiser Permanente paid \$150,000 to ITUP to:</p> <ul style="list-style-type: none"> • Conduct and disseminate health policy research. • Convene 13 regional statewide work groups to provide attendees real-time updates on state and federal health care policy issues, emerging issues, and local collaboration opportunities. • Provide technical assistance to safety net providers and other stakeholders navigating health reform challenges. • Serve as a bridge between health policy and the health care sector to reach 19 million Californians.

		<p><u>Expanding Primary and Prevention Care</u> Harbor Community Clinic (HCC) is a Federally Qualified Health Center works to increase access to care, and intensive services for patients with chronic and multiple conditions. Over two years (2017-2018), Kaiser Permanente paid \$20,000 to HCC to:</p> <ul style="list-style-type: none"> • Provide primary and preventive care to over 7,000 low-income Harbor area residents annually. • Reduce emergency room visits and increase and facilitate linkages to other services and available benefits by providing case management to 100 patients per week. • Develop 15 to 20 referrals a month to social service and health resources; including application assistance for applicable programs and follow-up. <p><u>Alleviating Burdens for Stroke Survivors</u> City of Carson Stroke Center serves the needs of people living with the effects of stroke and offers support to their caregivers. The Center offers a variety of services including speech and occupational therapy, individual and group exercise, caregiver support groups, and social activities. Over two years (2017-2018), Kaiser Permanente paid \$15,000 to City of Carson to:</p> <ul style="list-style-type: none"> • Serve over 300 people annually including stroke survivors and their families. • Support 45 interns that staff the occupational therapy program, thereby expanding services provided to 200 stroke survivors. • Develop and implement an important database that monitors a patient's progress and provides quantitative metrics to demonstrate successes.
<p>Economic Security</p>	<p>During 2018, Kaiser Permanente paid 10 grants, totaling \$184,000, addressing the priority health need in the KFH-South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 2 grants, totaling</p>	<p><u>Building Safety Net Provider Capacity~*</u> The Charles Drew University of Medicine & Science's program works to alleviate the financial burden of undergraduate and graduate education that can prevent low socio-economic students from completing their education. Recipients of these scholarships are required to work in the safety net for a period of 2 years following graduation. Over two years (2017-2018), Kaiser Permanente paid \$666,667 to the university to:</p> <ul style="list-style-type: none"> • Award eight students a total of \$215,833 in scholarships. • Award 12 additional scholarships ranging from \$3,750 to \$14,833 to students in the programs of nursing, family nurse practitioner, physician assistant, or school of medicine.

\$383,333 that address this need.

Developing Workforce Pipeline for the Safety Net~*

The Community Clinic Association of Los Angeles County (CCALAC) aims to increase and develop the safety net health care workforce through a pipeline initiative. In 2018, Kaiser Permanente paid \$250,000 to CCALAC to:

- Implement at least two student exposure programs, training rotations and experiential learning opportunities within member clinics annually for up to 40 students.
- Pilot a Nurse Practitioner Residency program that will provide 10 new graduates with a residency placement in five-member clinics annually.
- Develop an allied health training program to provide resources, trainings, and toolkits to strengthen clinic recruitment, onboarding, and retention efforts.

Training Leaders in Service of Community Health~

The Los Angeles Albert Schweitzer Fellowship (ASF) program aims to reduce disparities in health and healthcare by developing "leaders in service" who are dedicated to helping underserved communities. ASF selects Fellows from diverse universities and disciplines (i.e. medicine, dentistry, pharmacy, occupational therapy, psychology, public health, law, social work, etc.) annually to participate in the yearlong service project and awards each Fellow with a stipend of \$2,500. Over two years (2017-2018 fellowship class), Kaiser Permanente paid \$90,000 to ASF to:

- Recruit and train nine Fellows for the 2017-2018 fellowship class.
- Support the 2017-2018 fellowship class to develop a plan of action and implement a community project to address local unmet health needs.
- Review and prepare for the 2018-2019 fellowship class by selecting eight Fellows for year two.

Increasing Latino Medical School Applicants in California~

The Latino Physicians of California (LPOC)/MiMentor Partnership supports current and future Latino physicians through education, advocacy, and health policy. This is a culturally responsive mentoring program to increase underrepresented in medicine (UIM) applicants in California. LPOC will expand the Medical School Ready Program to increase the medical school readiness of UIM students through a year-long mentorship workshop series, supporting applicants through the entire medical school application process. In 2018, Kaiser Permanente paid \$25,000 to LPOC to:

- Enroll 45 UIM undergraduate and post-graduate students from Southern California into the Medical School Ready Series.
- Enroll and train 45 physician mentors/coaches/advisors to mentor UIM medical school applicants.

Raising Awareness of the California Earned Income Tax Credit~

Golden State Opportunity (GSO) leads and supports efforts related to economic security such as job creation, community development, and distribution of benefits. In 2018, Kaiser Permanente paid \$75,000 to GSO to:

- Support GSO's efforts to expand its innovative California Earned Income Tax Credit (Cal EITC) outreach and education.
- Inform 250,000 low-income workers on Cal EITC eligibility and benefits through digital advertising, peer-to-peer text messaging, and grassroots outreach.
- Train 25 community partners on smart digital targeting, community messaging, and peer-to-peer text messaging to outreach and engage in the Cal EITC campaign.

Violence/Injury Prevention

During 2018, Kaiser Permanente paid 9 grants, totaling \$85,000, addressing the priority health need in the KFH-South Bay service area.

Providing Safe Environments for At-Risk Youth~

The GRYD Foundation holds Summer Night Lights (SNL) programming to provide extended recreational, athletic, artistic, and health and wellness programming and linkages to community resources throughout the City of Los Angeles. Over two years (2017-2018), Kaiser Permanente paid \$90,000 to SNL to:

- Support case management services to 86 at risk-youth.
- Serve 434,644 total meals across 32 sites with a variety of healthy choices.
- Provide Zumba, Play Rugby, Go Stadia Go, Dance, and Yoga for 9,385 community members.
- Engage 695,430 community members across all SNL sites.

Providing Mentorship Opportunities for Students

California State University Dominguez Hills' Male Success Alliance (MSA) is a high school and middle school program that supports curriculum development, training, and community discussions focused on violence prevention and healthy communities. Over two years (2017-2018), Kaiser Permanente paid \$20,000 to MSA to:

- Support the training of 75 high school and middle school students on violence prevention and peer mediation.
- Provide mock interviews and serve as guest speakers at mentorship events in partnership with KFH-South Bay staff.

Practicing Meditation in Schools to Reduce Violence

Centinela Youth Services' (CYS) reduces violence in low-income communities and schools by providing peer mediation and conflict resolution interventions. This approach disrupts the school-to-prison pipeline by improving the school environment and reducing truancy and suspension. Over two years (2017-2018), Kaiser Permanente paid \$20,000 to CYS to:

- Expand their program to 11 middle and high schools in the Hawthorne, Inglewood, Lennox, and Centinela Valley school districts.
- Train 15 students across the 11 participating schools.
- Provide peer meditations for 748 student participants.
- Resolve 470 conflicts through mediation.
- Refer 278 students to other CYS programs for additional support, such as family mediation.

**Obesity/HEAL/
Diabetes**

During 2018, Kaiser Permanente paid 26 grants, totaling \$1,570,741, addressing the priority health need in the KFH-South Bay service area. In addition, a portion of money managed by a donor advised fund at California

Improving Access to Nutritious Foods~*

California Food Policy Advocates (CFPA) is a statewide policy and advocacy organization that aims to improve the health and well-being of low-income Californians by increasing their access to nutritious, affordable food and reducing food insecurity. In 2018, KP paid \$212,500 to CFPA to:

- Lead the implementation workgroup for the Supplemental Drinking Water EBT benefit for approximately 40,000 Cal-Fresh households in Kern County.
- Lead the implementation workgroup for the Cal-Fresh Fruit and Vegetable EBT pilot project for Southern California retailers.

Community Foundation was used to pay 9 grants, totaling \$1,731,944 that address this need.

Advocating for Maternal, Infant, and Child Health~

The California WIC Association (CWA) supports efforts to increase local WIC agencies' capacity, increase state and federal decision makers' understanding of WIC services, and increase the capacity of community health centers to build a breastfeeding continuum of care in low-income communities. Over two years (2017-2018), Kaiser Permanente paid \$100,000 to CWA to:

- Pilot two video conferencing projects increasing awareness and consideration within the CA WIC community.
- Collaborate with health centers to share WIC staff for nutrition and breastfeeding counseling (Watts Health Care and clinics in San Diego).
- Work to strengthen ties with CPCA and present at CPCA's annual conference.
- Visit all CA legislators with 44 appointments and drop-in visits.
- Provide extensive information to legislators on nutrition and breastfeeding counseling, food benefits, local economic impacts to grocers, health outcomes, access to Farmers markets, and updates on immigration threats.
- Participate in Capitol WIC Education Day in Sacramento with 50 attendees from 30 WIC agencies from all over the state.

Fighting Food Insecurity~

California Association of Food Banks' (CAFB) Farm to Family program's goal is to improve health food access by providing fresh produce to food banks, CalFresh outreach and enrollment, advocacy to support anti-hunger policies, and technical assistance to members. In 2018, Kaiser Permanente paid \$95,000 to CAFB to:

- Distribute 250,000 pounds of subsidized fresh fruits and vegetables to 11 member food banks.
- Maintain the State Emergency Food Assistance Program to provide food and funding of emergency food to food banks.

Supporting Healthy Eating and Active Living through Systems Change~*

The City of Long Beach Department of Health and Human Services' HEAL Zone site focuses on school and community strategies that address healthy eating and physical activity opportunities in North Long Beach through policy, environmental, and system changes. In 2018, Kaiser Permanente paid \$333,333 to the City of Long Beach Department of Health and Human Services' to:

- Support the passing of City tax incentives for community gardens or urban farms.
- Exchange ~ 1,800 lbs of produce at resident and farmer crop swaps with 305 farmers and 200 participating residents.
- Successfully train 12 Resident Leadership Academy participants and 17 Healthy LB Teen Leadership Program participants.
- Advocate for a safer intersection on Artesia and Muriel near Starr King Elementary with the Mayor's office.
- Implement the enhanced Healthy Lifestyle Prescription Program at The Children's Clinic (TCC).

Practicing Food Recovering and Redistribution

Kaiser Permanente envisions food services not only as the source of nutritious meals for their patients, staff and guests, but as a resource for local communities. Over two years (2017-2018), Kaiser Permanente partnered with Food Finders to recover 11,194.5 lbs. of food and distribute to organizations serving individuals in the KFH-South Bay region who face food insecurity.

		<p><u>Addressing Food Insecurity through Nonprofit Organizations</u></p> <p>The Foodbank of Southern California conducts the Healthy Choices Program (HCP) that promotes accessibility to fresh produce and other nutritional food items. HCP donates products to nonprofit partner agency emergency and non-emergency feeding programs and distributes over 22.9 million pounds of fresh produce annually. Over two years (2017-2018), Kaiser Permanente paid \$22,500 to Foodbank of Southern California to:</p> <ul style="list-style-type: none"> • Support the purchase and transport of fresh produce, as well as, distribution packaging and supplies. • Help 188 Nonprofit Partner Agencies and 12 Brown Bag for Seniors Distribution Sites to obtain health foods at no cost. • Provide information, resources, and nutritious foods to 450,000 individuals a month.
<p>Mental and Behavioral Health</p>	<p>During 2018, Kaiser Permanente paid 12 grants, totaling \$319,500, addressing the priority health need in the KFH-South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 1 grant, totaling</p>	<p><u>Strengthening Mental Health Policies and Practices in Schools~</u></p> <p>Children Now educates policymakers, school district leaders, and other key stakeholders about best practices and policy solutions to address suspension and expulsion policies that disproportionately impact students of color, improve school climate, and increase students' access to mental health services. Over two years (2017-2018), Kaiser Permanente paid \$150,000 to Children Now to:</p> <ul style="list-style-type: none"> • Inform over 200 key legislators and stakeholders. • Support the California Department of Education in the development of the Whole Child Resource Map. • Lead committees for both the State School Attendance Review Board and the Superintendent's Mental Health Policy Workgroup.

\$40,000 that address this need.

Improving Services for Human Trafficking Survivors~

The Coalition to Abolish Slavery and Trafficking (CAST) expands services to improve health outcomes for trafficking victims in Los Angeles County. CAST coordinates a continuum of care for trafficking victims by combining social, medical, and legal services with leadership and advocacy. In 2018, Kaiser Permanente paid \$75,000 to CAST to:

- Coordinate Whole Person Care services, including housing, food, medical, mental health, legal, education, and employment for 100 human trafficking survivors.
- Educate and advocate with policymakers, county officials, and community leaders on how to expand or improve access to emergency and permanent housing for victims.

Reducing Mental Health Stigma in Schools*

The National Alliance on Mental Illness (NAMI) Orange County reduces mental health stigma and improves resilience in Orange County schools with its Mental Health Education Initiative for OC Schools Project. In 2018, Kaiser Permanente paid \$40,000 to NAMI to:

- Offer four programs in up to 15 middle/high schools: 1) Mental Health 101 2) NAMI Basics 3) Ending the Silence and 4) NAMI on Campus that focus on prevention, early intervention and stigma reduction for students.
- Train new Mental Health 101 facilitators.

Building the Mental Health Workforce

Mental Health America of Los Angeles (MHALA) builds the emerging workforce through a 13-week, full time fellowship program that trains and places individuals interested in working in the field of mental health into internships with employers in LA County with its Jump Start Fellowship Training Project. In 2018, Kaiser Permanente paid \$40,000 to MHALA to:

- Provide eight additional individuals, above the current program capacity of 54, with 180 hours of culturally competent education, including resume and interview support during the fellowship and post-graduation.

Provide eight additional individuals with 240 hours of mental health internship experience.

Disseminating Knowledge and Best Practices to Surrounding Providers

The Gay and Lesbian Center of Long Beach (GLCLB) strives to increase the size and capacity of the mental health workforce in Long Beach. The Center is working to expand its existing internal and external training programs to become a Continuing Education Units (CEU) certified provider training site. Over two years (2017-2018), Kaiser Permanente paid \$13,000 to GLCLB to:

- Serve as an expert training site for MFT and MSW interns and trainees working towards state licensure. Through the provision of on-site counseling services, coupled with individual and group supervision, interns and trainees of The Center gain tremendous expertise in serving LGBTQ populations.
- Offer several half-day trainings facilitated by licensed therapists at a nominal fee to surrounding service providers.

Addressing Trauma in Transitional Aged Youth

The Positive Results Corporation (PRC) specializes in programs supporting children, transitional aged youth (ages 16 to 24), and adults. The programs address the negative effects of trauma and provide youth with the skills necessary to cope with triggers of trauma. Over two years (2017-2018), Kaiser Permanente paid \$15,000 to PRC to:

- Provide capacity training for community, non-profit, and educational organizations addressing stigma, trauma, violence, abuse and mental and behavioral health.
- Train 325 educators, case managers and service providers who work with transitional aged youth on a wide range of topics including: the homeless and foster youth experience; levels and types of trauma (sexual, physical, emotional); ways to address emotional, social and financial support; and how to interact with transitional aged youth in a culturally responsive manner.